

AREA OFFICERS

President

Keith Doughty

Chairperson

24 Blackley Close
Latchford, Warrington WA4 1JA
e-mail: chair@nmc-ramblers.org.uk

Brian Booth
01925 241090

Vice Chairperson

David Richards

Honorary Secretary

2 The Spinney, Norley, Cheshire WA6 8LS
e-mail: areasec@nmc-ramblers.org.uk

Penny Clarke
07710 498 717

Honorary Treasurer

23 Cuerdley Road, Penketh,
Warrington WA5 2UB
e-mail: jshipsides@talktalk.net

Jan Shipsides
01925 728309

Membership Sec. & Info. Officer

e-mail: haroldbennetton@nmc-ramblers.org.uk

Harold Bennetton
01925 268871

Footpath Officer

e-mail: footpaths@nmc-ramblers.org.uk

David Richards
01606 889939

Access Officer

Keith Doughty
01925 488020

Countryside Officer

Keith Doughty

Programme Co-ordinator

Marsh Green Cottage, Mill Lane,
Kingsley, Frodsham WA6 8HJ
e-mail: coord@nmc-ramblers.org.uk

Sheelagh Warner
01928 787443

IT & Programme Support

e-mail: dstearne@nmc-ramblers.org.uk

David Stearne
01928 735809

GENERAL INFORMATION

The **NORTH and MID CHESHIRE Area** has four local groups.

LOCAL GROUP SECRETARIES:

HALTON

50 Deepdale Drive, Rainhill,
PRESCOT, Merseyside L35 4NN

e-mail: normanlidbury@sky.com (put Ramblers in subject line)

Norman Lidbury

0151 426 0925

VALE ROYAL and KNUTSFORD

Birchtree Bungalow, Off Red Lane,
Appleton, WARRINGTON, Cheshire WA4 5AB

e-mail: vrksecretary@nmc-ramblers.org.uk

Daphne Armitage

01925 268540

WARRINGTON

Yellow Lodge, Park Lane,
Higher Walton, WARRINGTON, Cheshire WA4 5LW

e-mail: bernielebert@hotmail.com

Bernadette Elebert

01925 861788

UNDER 40s

e-mail: davidheys@freeuk.com

David Heys

07730 008 351

WEB SITES

Area www.nmc-ramblers.org.uk

Under 40s www.cheshirewalkers.org.uk

These sites can be reached directly, or through the <local groups> page of the RA national site. They will display the most up-to-date version of the programme.

THE RAMBLERS ASSOCIATION

2nd Floor, Camelford House,
87-90 Albert Embankment, LONDON SE1 7TW

www.ramblers.org.uk

Tel: 020 7339 8500

e-mail: ramblers@london.ramblers.org.uk

FOOTPATH DIFFICULTIES

Any difficulties with footpaths e.g. ploughing, obstructions etc. no matter where found, should be reported to your Local Group Footpath Officer or directly to the Ramblers Association Head Office, using the form and address in the yearly handbook, or via the link on our web site.

HALTON

50 Deepdale Drive, Rainhill,
PRESCOT, Merseyside L35 4NN

e-mail: normanlidbury@sky.com (put Ramblers in subject line)

Norman Lidbury

0151 426 0925

VALE ROYAL and KNUTSFORD

Arinor, Roddy Lane,
KINGSLEY, Cheshire WA6 8HF
e-mail: johnqwhite@btinternet.com

John White

01928 788549

WARRINGTON

3 Betsyfield Drive, Croft
WARRINGTON WA3 7LJ
e-mail: roger.lamming@tesco.net

Roger Lamming

01925 766828

SAFETY ON WALKS

(Please read the following important information)

PACE

Please keep to the pace set by the leader who will be guided by the slower members of the party. Lagging behind is as big a problem as forcing the pace by charging ahead of the leader. Do not forget the leader is trying to please **ALL** members of the party.

Also do not lose contact with the leader. If you do become separated please stay where you last saw members of the party; they will find you.

RESPONSIBILITIES

Walkers should inform the leader of any medical problem which could affect their walk (and any emergency treatment which may be needed). If you feel unwell, get word to the leader at once. Do not leave the group without informing the leader or backmarker. Leaders are not responsible for anyone doing so.

RESTRICTIONS

Leaders have the right to refuse anyone as a member of their party who, in their opinion, may be at risk for reasons of inadequate clothing, lack of physical fitness etc.

CLOTHING and FOOD

Boots are recommended for all walks and are essential for walking in the hills. Stout shoes may be suitable in a dry summer but farm yards and field paths can be messy places at any time. Walkers should always bring sufficient clothing for all weather conditions that may be encountered, as well as spare warm clothing. Remember conditions could easily change for the worse. A drink and an energy giving snack are all sensible extras to carry, even if you are taking your lunch for an all day walk.

INJURIES/LOSS OF PROPERTY

The Ramblers Association do not accept any responsibility for personal injury or loss of property when attending any of our rambles or functions. If it is thought necessary, individuals should make their own insurance arrangements. Any illness or accident which occurs on a walk, which requires medical attention or use of the emergency services must be reported to the Area Secretary.

“All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise”.(RA circular 03/53)

ROAD SAFETY

“If you use a country road with no pavement or verge, the party should walk **in single file, on the right hand side of the road**”, unless it is unsafe to do so, e.g. approaching a blind bend. “Discourage people from walking two abreast in order to chat.” (RA Navigation & Leadership Manual 1994 pp 70-71)

DOGS

Dogs must be kept under your strict control at all times and **must** be on a **maximum 2 metre lead**, so that they are not a danger to other walkers, particularly around stiles and to farm livestock. No more than one dog per walker. Remember your dog is your responsibility at all times. Leaders have discretion to refuse.

COACH WALKS

Full details of the coach venues are listed on the following pages and shown chronologically in the programme.

All coach rambles are intended primarily for members. It is essential to wear boots and carry wind and waterproof outer clothing and a spare pullover or fleece. Do not wear tight fitting clothing that could cling to the skin when wet. Food and drink for lunch should be carried and also an emergency snack. Extra food and a change of clothing can be left on the coach.

SUNDAY COACHES

These are arranged by local groups on alternate Sundays. Booking must be made in advance and a deposit paid. Please ensure you know the time and place you will be joining the coach. Deposits can only be carried over to future coach rambles if you cancel by the Tuesday preceding the Sunday of the ramble; otherwise it is forfeited.

There is usually a choice of four rambles from the coaches which are graded "A" to "D". Do not join the "A" walks unless you are well prepared and used to long walks.

Members wishing to travel with particular friends from outside their group are welcome on any of the three Group Coaches, but booking should be made early and directly with the respective Booking Secretary.

SUNDAY COACH WALKS

WARRINGTON Group

January (Coaches return at 5.00 pm)

3rd	Tockholes (Lancs)
17th	Rushton Spencer (Staffs)

(Coaches return at 5.30 pm)

31st	High Bentham (W Yorks)
------	------------------------

February

14th	Denbigh (Denbighs)
28th	Heptonstall (W Yorks)

March

14th	Glossop (Derbys)
------	------------------

(Coaches return at 6.00 pm)

28th	Staveley (Cumbria)
------	--------------------

April

11th	Matlock (Derbys)
25th	Kettlewell (N Yorks)

May

9th	Ludlow (Shrops)
23rd	Ambleside (Cumbria)

June

6th	Dolgellau (Gwynedd)
20th	Threlkeld (Cumbria)

Booking Secretary Peter Hathaway 01925 262340

SUNDAY COACH WALKS

HALTON Group

January **(Coaches return at 5.00 pm)**

3rd Loggerheads (Denbighs)

17th Darwen (Lancs)

31st Corwen (Denbighs)

February

14th Bala (Gwynedd)

28th Bakewell (Derbys)

March

14th Slaidburn (Lancs)

(Coaches return at 6.00 pm)

28th Grassington (N Yorks)

April

11th Dolgellau (Gwynedd)

25th Staveley (Cumbria)

May

9th Elterwater (Cumbria)

23rd Keswick (Cumbria)

June

6th Kirkby Stephen (Cumbria)

20th Carsington Water (Derbys)

Booking Secretary

Chris Ireland 07842 160944 between
08.00 to 21.00 Mon to Sat only

SUNDAY COACH WALKS

VALE ROYAL & KNUTSFORD Group

Please note :- These coach walks are on alternate Sundays to those of the other two groups.

January

- 10th Slaidburn (Lancs)
- 24th Hathersage (Derbys)

February

- 7th Betws-y-Coed (Conwy)
- 21st Kirkby Lonsdale (Cumbria)

March

- 7th Hayfield (Derbys)
- 21st Church Stretton (Shrops)

April

- 4th Ingleton (N Yorks)
- 18th Bakewell (Derbys)

May

- 2nd Llandudno (Conwy)
- 16th Broughton in Furness (Cumbria)
- 30th Hartington (Derbys)

June

- 13th Llanberis (Gwynedd)
- 27th Chapelton (Lancs) - Meal

Booking Secretary

Barbara Ward 01565 651765

TUESDAY COACH WALKS

These are organised by the Area on which two moderate walks will be arranged and possibly a guided tour of a local attraction. Typically coaches will start about 09:00 and return by around 19:00.

Booking for these outings will be required in advance and must be paid for by cheque (payable to Ramblers Association).

9th February	Rivington (Lancs)
9th March	Kendal (Cumbria)
6th April	Buxton (Derbys)
4th May	Kirkby Lonsdale (Cumbria)
1st June	Llanberis (Gwynedd)
29th June	Bolton Abbey (N Yorks)

Booking Secretary:

Lucy Fitzsimmons,
4 Whitefield Road,
Stockton Heath,
WARRINGTON
Cheshire WA4 6LZ

01925 265230

HALTON RAIL RAMBLES

Sat 23rd January	Disley to Macclesfield	12 miles
Sat 20th February	Grindleford to Hathersage	10 miles
Sat 20th March	Bromley Cross to Darwen	12 miles
Sat 17th April	Chinley to Edale	10 miles
Sat 15th May	Alderley Edge to Lyme Park	12 miles
Sat 26th June	Whaley Bridge to Buxton	10 miles

Those wishing to go on these moderate walks should telephone Ray and Mary Brown on 01925 726466 the night before and then assemble at Warrington Central Station on the day at 07.30 and bring a packed lunch and their train fare. These walks encourage greater use of public transport, promote health and well being and encourage social inclusion. All are welcome.

RA 75 YEARS CELEBRATION WALK

To celebrate the 75th Anniversary of the RA Warrington Group are organising a Celebration Walk around the Warrington area of 75 kms split into 5 sections of 15 kms and taking place on all the Saturdays in June and also the 3rd of July. Walks will start and finish at points accessible by public transport where possible. Non members are welcome as are accompanied children and dogs on leads. Details will be available on the RA website and be advertised locally nearer the time. For more details . Tel Roger Lamming tel 01925 766828 or rogerlamming@aol.com.

LOCAL WALKS

These are for members and the general public. No prior notice or booking is necessary, unless otherwise stated; just turn up at the venue.

HALF DAY WALKS are graded by the walk leader and will last about 2½hrs.

Easy Access		Walks for everyone incl. wheelchairs, pushchairs, using easy access paths with the option to shorten the walk if required
Easy	0 - 500ft asc.	Suitable for all but could include field paths and stiles. Max. 5 miles.

FULL DAY WALKS have a Grade, Distance and notice to Bring Lunch in the description. They are graded by the walk leader as:-

Leisurely	0 - 1500ft asc.	Some walking experience required, gently paced, easy gradients
Moderate	500 - 1500ft asc.	A reasonable degree of fitness and experience required
Hard	1500 - 2500ft asc.	Suitable for strong regular day walkers only
Strenuous	2500ft + asc.	Could involve steep ascents, ridge walking, and high level routes.

(Ascent is total for the walk and not the max.height attained)

These Grades are a general guide only. When considering your choice of walk you should bear in mind the distance of the walk, the regional differences in terrain and the possibility of bad weather making the walk more difficult.

FOR YOUR INTEREST IN THIS PROGRAMME.

New ideas, new venues, new leaders, new walks and new areas, as well as local walks and your favourite walks.

All we need now is - **YOU.**

Linear Walks by Train and Bus – Train walks from Llandudno Jctn, and Prestatyn and a series of Saturday Rail Rambles, bus walks at Minera and Glydyfrdwy and a train and bus walk at Wrexham

Walks with a difference – A Wirral coast to coast walk, archaeological interest at Llanfairfechan and industrial heritage at Etruria

High Peaks – Wainwright's Coniston Seven, Coledale Horseshoe, Sergeant Man, the Berwyns, Lingmoor Fell and Pike o Blisco

Garden and Interest Walks – Snowdrops at Arnside and Hartington, wild daffodils at Leven, birds at Mawdach Estuary and winter birds at Pennington Flash

Pub Lunch Walks – At Alsager, Etruria, Churchtown and Moel Famau

If you enjoy these ideas and walks, tell the leader, in fact tell everyone. If you don't, then tell me and let me have your ideas. You will see there are fewer Sunday local walks this time. If you enjoy these regularly PLEASE could YOU offer to lead some in the next programme. We desperately need more leaders.

Our web site: **www.nmc-ramblers.org.uk** will always show the most up-to-date information, in case of any changes to the programme.

SOCIAL PROGRAMMES

The Group Secretaries are :-

HALTON Programme to be announced on Sunday coach walks

VALE ROYAL and KNUTSFORD

Janice Barker

07809 770604

WARRINGTON

Bernadette Elebert

01925 861788

FEBRUARY

Thurs 4th Quiz Night W

Tel: Bernie Elebert 01925 861788

Thurs 4th Meal at Manor Farm, Byley VR&K

£15 for 3 courses & coffee 7 for 7.30 pm

Tel: Janice Barker 07809 770604

Wed 17th Matthew Bourne's Swan Lake at the VR&K

Regent Theatre, Stoke on Trent.

Stalls seats £12

Tel: Janice Barker 07809 770604

MARCH

Sun 7th Grappenhall Heys Walled Garden – Spring Walk W

1 to 3 pm

Tel: Bernie Elebert 01925 861788

tba Tranquillity Day at Mid Cheshire College VR&K

Beauty treatments and massage followed by

Buffet lunch in Royals Restaurant

Tel: Doreen Young 01606 330417

January

Sun 3rd 10:00 **WALTON** **Harold Bennetton**
597843 (LR108, Exp276) CP in Park Lane. Festival of Winter Walks . Tel 01925 268871.

Sun 3rd 13:30 **MICKLE TRAFFORD** **Bill Smith**
449704 (LR117, Exp266) Layby on A56 opp mill, 0.5 ml N of village. To Picton Hall. Festival of Winter Walks . Tel 01925 265453.

Sun 3rd SUNDAY COACHES

Halton Loggerheads (Denbighs)

Warrington Tockholes (Lancs)
--

Mon 4th 10:30 **FRODSHAM** **James Cain**
519779 (LR117, Exp267) CP off Church St, behind station. Catch 10.37 train from Frodsham to Helsby and walk back to Frodsham. Optional pub lunch . Tel 01925 762800. 5ml.

Tue 5th 10:00 **RUNCORN** **Ivor Williams**
524834 (LR108, Exp275) Wigg Island CP off A558 nr swing bridge. 10ml Moderate. Bring lunch.

Tue 5th 10:00 **THE ROACHES** **Ian Howard**
SK004621 (LR119, Exp24) 3/4ml NNW Upper Hulme (A53) on minor road. Tel 01606 48117. 11ml Hard. Bring lunch.

Thu 7th 10:00 **KELSALL** **Roger Hendry**
540687 (LR117, Exp267) Gresty's Waste CP. Delamere Forest and Kelsall . Tel 01928 732325. 11ml Moderate. Bring lunch.

Sun 10th 10:00 **NORLEY** **Keith Doughty**
557710 (LR117, Exp267) CP (P&D) off road between Hatchmere and Delamere Station.

Sun 10th 13:30 **WILMSLOW** **John & Judith Barnard**
833814 (LR109, Exp268) Lindow Moss CP, off Racecourse Rd A538. Walking through Quarry Bank Mill.

January

Sun 10th	SUNDAY COACHES
VR&K	Slaidburn (Lancs)

Tue 12th 10:00 **DELAMERE** **Beth Bratt**
549704 (LR117, Exp267) Linmere Lodge Visitors' Centre CP
(Pay & Display). Tel 01925 762472. 10ml Moderate. Bring lunch.

Tue 12th 10:00 **HIGHER POYNTON** **Dirk Broad**
945833 (LR109, Exp1/268) Nelson Pit CP adjacent
Macclesfield Canal. 11ml Moderate. Bring lunch.

Thu 14th 09:30 **ETRURIA, STOKE ON TRENT** **Bill Minshall**
869475 (LR118, Exp258) From A500 S take A53 into city ctre.
Exit L fork to cinema complex & Marina to park at pub. 3 Peaks
of the Pots. An industrial heritage walk followed by lunch at the
China Garden Toby Carvery on Marina Way. Hard paths mainly
so lighter boots. Tel 07771 985846. 8ml Leisurely. Pub lunch.

Sat 16th 10:00 **MINERA** **Duncan & Jean Goodwin**
272518 (LR117, Exp256) Village green CP on B5426. Bus
linear . Tel 01829 760614. 8ml Leisurely. Bring lunch.

Sun 17th 10:00 **MARSTON** **Mark Zakrzewski**
670755 (LR118, Exp267) Salt Barge Inn on B5075.

Sun 17th 13:30 **DODLESTON** **Frank Search**
361610 (LR117, Exp266) Church CP.

Sun 17th	SUNDAY COACHES
Halton	Darwen (Lancs)
Warrington	Rushton Spencer (Staffs)

Tue 19th 10:00 **PLEMSTALL** **Phil Murray**
457701 (LR117, Exp266) Plemstall Church E off A56 at Mickle
Trafford. Tel 07970 338019. 12ml Leisurely. Bring lunch.

January

Tue 19th 10:30 **DISLEY from Man Pic** **Vince Joyce**

973846 (LR109, Exp1) Station Approach. Disley Circular, around Lyme Park. 09.52 train from Man Pic. Wayfarer tickets apply. Tel 01942 603626. 10ml Moderate. Bring lunch.

Thu 21st 10:00 **LITTLE BUDWORTH** **Sheelagh Warner**

590655 (LR117, Exp267) Little Budworth Country Park CP. South end Coach Road. Walking south . Tel 01928 787443. 11ml Leisurely. Bring lunch.

Sat 23rd 07.30 **WARRINGTON** **Ray & Mary Brown**

607885 (LR109, Exp276) Central Station. Rail Ramble - Disley to Macclesfield. IMPORTANT Tel 01925 726466 night before - see p 11. 12ml Moderate. Bring lunch.

Sun 24th 10:00 **KNUTSFORD** **Beth Bratt**

751790 (LR118, Exp268) Tatton Park. South gate. Tel 01925 762472.

Sun 24th	SUNDAY COACHES
-----------------	-----------------------

	VR&K	Hathersage (Derbys)
--	-----------------	----------------------------

Tue 26th 10:00 **ELLESMERE (SALOP)** **Brian Holmes**

407345 (LR126, Exp241) CP opposite lake (Pay & Display) off A528. Tel 01948 770577. 12ml Leisurely. Bring lunch.

Tue 26th 10:00 **KELSALL** **Peter Young**

540687 (LR117, Exp267) Gresty's Waste CP. 12ml Hard. Bring lunch.

Thu 28th 11:00 **MARSDEN from Man Vic** **David Bratt**

SE047119 (LR110, Exp21) Station. 10.27 train from Man Vic and linear walk from Marsden to Littleborough . Tel 01925 762472. 10ml Hard. Bring lunch.

Sun 31st 10:00 **PLUMLEY** **David Braine**

722754 (LR118, Exp267) Plumley Station CP.

Sun 31st 13:30 **ASTON** **David Brunt**

555784 (LR117, Exp267) Aston Church.

January/February

Sun 31st	SUNDAY COACHES
	Halton Corwen (Denbighs)
	Warrington High Bentham (W Yorks)

FEBRUARY

Tue 2nd 10:00 CULCHETH Geoff Hill
660951 (LR109, Exp276) Shaw St opp High School off A574.
Via Pennington Flash to see the winter birds. Return to Culcheth
by bus. 8ml Leisurely. Bring lunch.

Tue 2nd 10:00 CHIRK Sheelagh Warner
292378 (LR126, Exp240/256) Main CP in Chirk by toilets.
Off B5070. Tel 01928 787443. 10ml Moderate. Bring lunch.

Thu 4th 09:30 MOEL FAMAU Ian Howard
172612 (LR116, Exp265) Country Park on minor road SW off
A494 1/2ml SW Loggerheads. CP (Pay & Display) on right at
picnic area. This is just a morning walk. Tel 01606 48117. 6ml
Hard. Pub lunch.

Sun 7th 10:00 HELSBY Paul Buksh
491749 (LR117, Exp267) Quarry Car Park, Hill Road South.

Sun 7th 13:30 FRODSHAM Beryl Capper & Marian Ainscough
521772 (LR117, Exp267) St Lawrence Church CP, Church
Rd, by Ring o' Bells PH.

Sun 7th	SUNDAY COACHES
	VR&K Betws-y-Coed (Conwy)

Tue 9th 10:00 POINT OF AYR Peter Wade
125848 (LR116, Exp265) Park at the Point. 11ml Moderate.
Bring lunch.

February

Tue 9th	TUESDAY COACH Rivington (Lancs)
----------------	--

Thu 11th 09:30 **ALSAGER** **Bill Minshall**
797555 (LR118, Exp257/268) Village centre CP off Sandbach Rd.
Go to Bank Corner PH for coffee & choose meal. Tel 07771
985846. 7ml Hard. Pub lunch.

Sat 13th 10:00 **CYFFYLLIOG** **Duncan & Jean Goodwin**
060578 (LR116, Exp264/265) Park in village. Tel 01829 760614.
8ml Leisurely. Bring lunch.

Sun 14th 10:00 **STAMFORD BRIDGE** **Frank Search**
470673 (LR117, Exp266) Lansdowne Road (old A51), avoid
bus lay-by and garden centre.

Sun 14th 13:30 **DUNHAM-ON-THE-HILL** **Syd Robinson**
472731 (LR117, Exp266) CP of Wheatsheaf PH - on A56.

Sun 14th	SUNDAY COACHES
	Halton Bala (Gwynedd)
	Warrington Denbigh (Denbighs)

Tue 16th 10:00 **STRINES** **Rose Chisholm**
SK221909 (LR110, Exp1) From A57 Snake Pass Rd take
Mortimer Rd and park at Strines Bridge. Tel 07801 576001.
14ml Hard. Bring lunch.

Tue 16th 10:00 **SIDDINGTON** **Judith Halman**
849713 (LR118, Exp268) Lay-by, south end Redes Mere.
Fanshaw Lane (Redesmere Lane), off A34. 9ml Leisurely. Bring
lunch.

February

Thu 18th 10:00 TIDESWELL Harry Faulkner

SK153757 (LR119, Exp24) B6049 off A623. Park in village.
Walk starts from Church Lane opp church. Tel 01925 766144.
11ml Hard. Bring lunch.

Sat 20th 07.30 WARRINGTON Ray & Mary Brown

607885 (LR109, Exp276) Central Station. Rail Ramble -
Grindleford to Hathersage. IMPORTANT tel 01925 726466 night
before - see p 11. 10ml Moderate. Bring lunch.

Sat 20th 10:30 ARNSIDE John Bent

SD453785 (LR97, Exp7) Promenade. Snowdrops in bloom.
8ml Leisurely. Bring lunch.

Sun 21st 10:00 CULCHETH Beth Bratt

648949 (LR109, Exp276) Linear Pk CP, Wigshaw Lane. Tel
01925 762472.

Sun 21st 13:30 CROFT Celia Adamson

631935 (LR109, Exp276) CP opposite Horseshoe Inn.

Sun 21st SUNDAY COACHES

VR&K Kirkby Lonsdale (Cumbria)

Tue 23rd 10:00 MICKLE TRAFFORD Bill Smith

449704 (LR117, Exp266) Layby on A56 opp mill, 0.5 ml N of
village. To Dunham Hall . Tel 01925 265453. 8ml Leisurely.
Bring lunch.

Tue 23rd 10:00 HARTINGTON Emma Dearman

SK128604 (LR119, Exp24) Village CP (Pay & Display). Meet
opp P&D CP but note free parking in village. Snowdrops should
be out. 12ml Hard. Bring lunch.

Thu 25th 09:45 GRINDLEFORD from Man Picc David Bratt

SK250788 (LR119, Exp24) Station CP Upper Padley, 3mls SE
of Hathersage off B6521. 08.44 train from Man Picc and linear
walk from Grindleford to Bamford. 2100 ft asc. Tel 01925
762472. 10ml Hard. Bring lunch.

February/March

Sun 28th 10:00 **KINGSLEY** **Sheelagh Warner**
549748 (LR117, Exp267) Village Community Centre CP, off
B5153.

Sun 28th 13:30 **HOLLINS GREEN** **John & Judith Barnard**
698911 (LR109, Exp276) Community Centre CP.

Sun 28th	SUNDAY COACHES
	Halton Bakewell (Derbys)
	Warrington Heptonstall (W Yorks)

MARCH

Tue 2nd 10:00 **BAKEWELL** **Judith Halman**
SK222684 (LR119, Exp24) Main CP (P&D). 12ml Hard. Bring
lunch.

Tue 2nd 10:30 **STRETTON** **Keith Doughty**
618823 (LR109, Exp276) Fir Tree Close by Spire (formerly
BUPA) Hospital. A Warrington walk with canal link. 10ml
Leisurely. Bring lunch.

Thu 4th 10:30 **SAIGHTON** **Sheelagh Warner**
442618 (LR117, Exp266) Park opp Abbeygate College.
Walking south . Tel 01928 787443. 10ml Leisurely. Bring lunch.

Thu 4th 10:30 **CONWY** **Caroline Sellers**
SH754768 (LR115, Exp17) CP on L of Sychnant Pass Road.
10ml Hard. Bring lunch.

Sat 6th 10:30 **LLANGOLLEN** **Duncan & Jean Goodwin**
214423 (LR117, Exp255/256) Opposite river bridge up steep hill
over canal, park by school. Tel 01829 760614. 7ml Moderate.
Bring lunch.

Sun 7th 14:00 **ACTON BRIDGE** **Peter & Joyce Davies**
599745 (LR117, Exp267) Station CP.

March

Sun 7th	SUNDAY COACHES
VR&K	Hayfield (Derbys)

Tue 9th 10:30 **FLINT** **Ivor Williams**
247734 (LR117, Exp265) Flint Castle CP, A548. 9ml
Moderate. Bring lunch.

Tue 9th 10.45 **GUIDE BRIDGE from Man Picc** **Peter Hollinrake**
926975 (LR109, Exp277) . Man Picc 10.36 to Guide Bridge.
Wayfarer tickets apply. Walk to Stalybridge station. Daisy Nook &
Hartshead Pike . Tel 07890647673. 10ml Moderate. Bring lunch.

Tue 9th	TUESDAY COACH
	Kendal (Cumbria)

Thu 11th 10:30 **PRESTATYN** **Brian Booth**
072821 (LR116, Exp264/265) CP part way up steep hill on minor
road to Gwaenysgor 0.8 ml SE of town. 10ml Hard. Bring lunch.

Sun 14th 10:00 **MOBBERLEY** **David Brunt**
790807 (LR109, Exp268) Roadside in Lady Lane at jctn with
Hobcroft Lane.

Sun 14th 14:00 **MARBURY** **Beryl Capper & Marian Ainscough**
652764 (LR118, Exp267) Marbury Country Park CP (Pay &
Display).

Sun 14th	SUNDAY COACHES
Halton	Slaidburn (Lancs)
Warrington	Glossop (Derbys)

March

Tue 16th 10:30 LADYBOWER Janice Barker

SK216874 (LR110, Exp1) Cutthroat Bridge CP on S side of A57 2mils E of reservoir. Derwent Edge . Tel 0780 9770604.
11ml Hard. Bring lunch.

Tue 16th 10:30 HOPE (CLWYD) Ivor Williams

309579 (LR117, Exp256) CP on W side of A550 1/4ml S of village. 9ml Moderate. Bring lunch.

Thu 18th 09:15 LIVERPOOL Bill Minshall

337904 (LR108, Exp266/275) CP close to Liver Building on A5036. Meet Lpool Pier Head to catch 09.30 ferry for coast to coast Wallasey to W Kirby. Return by train to St James St Lpool . Tel 01270 500164. 12ml Moderate. Bring lunch.

Sat 20th 07.30 WARRINGTON Ray & Mary Brown

607885 (LR109, Exp276) Central Station. Rail Ramble - Bromley Cross to Darwen. IMPORTANT tel 01925 726466 night before - see p11. 12ml Moderate. Bring lunch.

Sun 21st 14:00 ASTON Ivor Williams

555784 (LR117, Exp267) Aston Church.

Sun 21st	SUNDAY COACHES
-----------------	-----------------------

	VR&K
--	-----------------

	Church Stretton (Shrops)
--	---------------------------------

Tue 23rd 10:00 WHITELEY GREEN Judith Halman

925789 (LR118, Exp268) Off A523 Hobhouse Lane. 11ml Hard. Bring lunch.

Tue 23rd 10:30 LEVENS John Bent

SD489874 (LR97, Exp7) From Levens go N to Brigsteer Park CP. Wild daffodils in bloom. 8ml Leisurely. Bring lunch.

Thu 25th 10:30 EMSBAY Vince Joyce

SD999544 (LR103, Exp2) Embsay Moor Reservoir CP on minor road 1ml NW out of village. We will visit 2 trig points . Tel 01942 603626. 13ml Hard. Bring lunch.

March/April

Sun 28th 10:00 **KNUTSFORD** **David Brunt**
751790 (LR118, Exp268) Tatton Park. South gate.

Sun 28th 14:00 **LOWTON** **Celia Adamson**
645990 (LR109, Exp276) Pennington Flash - off A572 - CP
(Pay & Display).

Sun 28th	SUNDAY COACHES	
	Halton	Grassington (N Yorks)
	Warrington	Staveley (Cumbria)

Tue 30th 09:30 **GLYNDYFRDWY** **Peter Wade**
157425 (LR125, Exp255/256) Lay-by on LHS just after village
sign. 5ml west of Llangollen on A5. 09.38 bus - bring change - to
Llandrillo and walk back. 2700 ft asc. Phone leader to check
times (01928 563100). 13ml Hard. Bring lunch.

Tue 30th 10:30 **KELSALL** **David Richards**
540687 (LR117, Exp267) Gresty's Waste CP. Black Lake &
the new viewing-platform. 8ml Leisurely. Bring lunch.

APRIL

Thu 1st 09:30 **CHINLEY from Piccadilly** **David Stearne**
SK039826 (LR110, Exp1) Chinley Railway Station CP. Linear
train walk, start Chinley, finish Glossop. Depart Man Pic 08.45.
Phone leader night before to confirm train times (01928 735809).
12ml Strenuous. Bring lunch.

Sun 4th 10:00 **DUDDON HEATH** **Harold Bennetton**
502654 (LR117, Exp267) Lay-by SW. side of A51, 50 yds N.
of Okells Nursery. Tel 01925 268871.

April

Sun 4th	SUNDAY COACHES
VR&K	Ingleton (N Yorks)

Tue 6th 10:30 LLANARMON DYFFRYN CEIRIOG Ron Baughan
156328 (LR125, Exp255) West Arms Hotel CP in village, on
B4500 10mls SW Chirk. Pub CP - fee coffee am or drink after .
Tel 01925 752846. 12ml Hard. Bring lunch.

Tue 6th 10:30 GREAT BUDWORTH David Braine
665780 (LR118, Exp267) Ice Cream Farm CP. 10ml
Leisurely. Bring lunch.

Tue 6th	TUESDAY COACH
	Buxton (Derbys)

Thu 8th 10:00 LLANDUDNO JN from Chester Harry Faulkner
SH795779 (LR115, Exp17) Station. 08.55 train from Chester
and circular walk from Llandudno Jn. Phone leader night before
to confirm times (01925 766144). 11ml Strenuous. Bring lunch.

Sat 10th 10:30 CAERWYS Duncan & Jean Goodwin
128729 (LR116, Exp265) Park in Caerwys square. Tel 01829
760614. 9ml Leisurely. Bring lunch.

Sun 11th 14:00 BUNBURY Syd Robinson
570581 (LR117, Exp257) Bowes Gate Road near Bunbury
Church.

Sun 11th	SUNDAY COACHES
Halton	Dolgellau (Gwynedd)
Warrington	Matlock (Derbys)

April

Tue 13th 10:30 **LLANGYNOG** **David Richards**
053262 (LR125, Exp239/255) CP in village. A495 /B4396 /B4391
17mls SW Oswestry. Wales's highest waterfall. 11ml Hard.
Bring lunch.

Tue 13th 10:30 **WHALEY BRIDGE** **Bob Lucas**
SK012816 (LR110, Exp1) CP near canal basin. Tel 01565
651765. 10ml Leisurely. Bring lunch.

Now is the time

**To be planning your walks for the Autumn 2010 Programme.
Contributions required by mid May**

Thu 15th 10:30 **COEDPOETH** **Brian Booth**
290501 (LR117, Exp256) Nant Mill (Melin y Nant) Country
Park CP. 1ml S of village, A438 /A525 2mls W of Wrexham. This
walk is only 1580 ft asc. 9ml Hard. Bring lunch.

Sat 17th 07.30 **WARRINGTON** **Ray & Mary Brown**
607885 (LR109, Exp276) Central Station. Rail Ramble -
Chinley to Edale. IMPORTANT - tel 01925 726466 night before -
see p11. 10ml Moderate. Bring lunch.

Sun 18th 10:00 **LITTLE BUDWORTH** **Peter Hollinrake**
590655 (LR117, Exp267) Little Budworth Country Park CP.
South end Coach Road. Tel 01606 881600.

Sun 18th 14:00 **MOBBERLEY** **Celia Adamson**
791802 (LR109, Exp268) Mobberley Church.

Sun 18th	SUNDAY COACHES
VR&K	Bakewell (Derbys)

Tue 20th 10:30 **BETHESDA** **Peter Wade**
SH623668 (LR115, Exp17) Town CP off A5. Free CP is uphill
on E side of A5. Gyrn Wigau, Bera Bach, Garnedd Uchaf, Foel
Grach, Carnedd Llewellyn, Carnedd Dafydd. 3500 ft asc. Phone
leader night before (01928 563100). 12ml Strenuous. Bring
lunch.

April

Tue 20th 10:30 MALPAS David Brunt
488473 (LR117, Exp257) CP in lane off High Street, opp old
fire station. 10ml Moderate. Bring lunch.

Thu 22nd 10:30 CONISTON Roger Hendry
SD300975 (LR96/97, Exp6/7) Railway station CP (P&D).
Wainwright's Coniston Seven - 4000 ft asc . Tel 01928 732325.
13ml Strenuous. Bring lunch.

Sun 25th 14:00 ELTON GREEN Bill Smith
453747 (LR117, Exp266) Old road off B5132, off A5117. To
Stoak Church . Tel 01925 265453.

Sun 25th 14:00 ACTON BRIDGE Sheelagh Warner
599745 (LR117, Exp267) Station CP. Tel 01928 787443.

Sun 25th	SUNDAY COACHES
	Halton Staveley (Cumbria)
	Warrington Kettlewell (N Yorks)

Tue 27th 10:30 ANGLEZARKE Geoff Hill
SD620160 (LR109, Exp285/287) 4 km NE from A6 at Adlington,
past railway station. United Utilities P & D CP past barrier and R
uphill off public road. 7ml Leisurely. Bring lunch.

Tue 27th 10:30 CROESOR Vince Joyce
SH631447 (LR124, Exp18) Village CP. Nuttall walk 5.3 . Tel
01942 603626. 10ml Strenuous. Bring lunch.

Wed 28th 19:00 DARESBUY Frank Search
580828 (LR108, Exp275/276) Daresbury Church.

Thu 29th 10:30 LLANGOLLEN Brian Holmes
214418 (LR117, Exp255/256) Hall St CP (P&D) opp junc
A5/Castle St. Vivod mountain - Glyn Ceiriog - some steep climbs.
Tel 01948 770577. 12ml Hard. Bring lunch.

MAY

Sun 2nd 10:00 TARPORLEY Peter Young
556623 (LR117, Exp267) CP behind Comm Ctre/supermarket.
Tel 01829 732700.

Sun 2nd 14:00 DELAMERE Ken Hall
537734 (LR117, Exp267) Waterloo Gate, Waterloo Lane, off
B5152. NW corner of forest. Park on verge.

Sun 2nd	SUNDAY COACHES
	VR&K Llandudno (Conwy)

Tue 4th 10:30 DANEBRIDGE Phil Murray
965652 (LR118, Exp24/268) Roadside by phone box between
river and Ship Inn. Tel 07970 338019. 12ml Hard. Bring lunch.

Tue 4th	TUESDAY COACH
	Kirkby Lonsdale (Cumbria)

Thu 6th 10:45 DOVE HOLES from Man Vic David Bratt
SK074781 (LR119, Exp24) Station. 09.52 from Man Vic.
Circular 1800 ft asc. Optional evening meal in Manchester.
Wayfarer tickets apply . Tel 01925 762472. 12ml Hard. Bring
lunch.

Sat 8th 10:30 LLANDEGLA Duncan & Jean Goodwin
196525 (LR116, Exp256) CP by church in village centre. 1/2ml
NW A5104. Tel 01829 760614. 8ml Leisurely. Bring lunch.

Sun 9th 10:00 WILLINGTON Doreen Young
537662 (LR117, Exp267) Roadside adj Rock Farm/Sandstone
Trail 2ml SSE Kelsall. Tel 01606 330417.

Sun 9th 14:00 ASTON Harold Bennetton
555784 (LR117, Exp267) Aston Church. Bluebell walk . Tel
01925 268871.

May

Sun 9th	SUNDAY COACHES
	Halton Elterwater (Cumbria)
	Warrington Ludlow (Shrops)

Tue 11th 10:30 TIVERTON Chris Davies
554603 (LR117, Exp267) Old roads at junction A49 and
Huxley La. Tel 01829 730723. 9ml Leisurely. Bring lunch.

Tue 11th 10:30 BRAITHWAITE Ian Howard
NY234215 (LR89/90, Exp4) Layby 2 m S of Braithwaite, by
Uzzicar Farm. Coledale Horseshoe . Tel 01606 48117. 9ml
Strenuous. Bring lunch.

Thu 13th 10:30 PRESTATYN from Chester Peter Wade
065830 (LR116, Exp264/265) From A548 take signs for station,
go past station over bridge and take first R to free CP. 10.30
start. Circular walk from Prestatyn Station. 09.55 train from
Chester. Tel leader to check times 01928 563100. 11ml Hard.
Bring lunch.

Deadline for Walks Submission

By 15th MAY. PLEASE!

Sat 15th 07.30 WARRINGTON Ray & Mary Brown
607885 (LR109, Exp276) Central Station. Rail Ramble -
Alderley Edge to Lyme Park. IMPORTANT tel 01925 726466
night before - see p11. 12ml Moderate. Bring lunch.

Sun 16th 10:00 DARNHALL Janice Barker
634632 (LR118, Exp267) Roadside by phone box and village
hall. Tel 0780 9770604.

Sun 16th 14:00 TOFT Beryl Capper & Marian Ainscough
759766 (LR118, Exp268) Toft church CP.

Sun 16th	SUNDAY COACHES
	VR&K Broughton in Furness (Cumbria)

May

Tue 18th 10:30 GLAZEbury John Bent
671978 (LR109, Exp276) Bent's Garden Centre, Glazebury.
8ml Leisurely. Bring lunch.

Tue 18th 10:30 ELTERwater Mike Alldred
NY330050 (LR90, Exp6/7) B5343 Langdale Rd - Parking area
on R. Lingmoor Fell & Pike o'Blisco. 3100 ft asc . Tel
07713258424. 10ml Strenuous. Bring lunch.

Thu 20th 10:30 LLANFAIRFECHAN Caroline Sellers
SH698736 (LR115, Exp17) At lights turn L up Village Rd, then
Valley Rd. Turn R at bridge w Nat Pk logo & follow rd to 3
Streams CP. Points of archaeological interest. 8ml Hard. Bring
lunch.

Sun 23rd 10:00 MARSTON Mark Zakrzewski
670755 (LR118, Exp267) Salt Barge Inn on B5075.

Sun 23rd	SUNDAY COACHES
	Halton Keswick (Cumbria)
	Warrington Ambleside (Cumbria)

Tue 25th 10:30 LLANDRILLO David Stearne
036372 (LR125, Exp255) Village CP. The Berwyns . Tel 01928
735809. 14ml Strenuous. Bring lunch.

Tue 25th 10:30 RUSHTON SPENCER David Brunt
936624 (LR118, Exp24/268) Old Railway Station CP, behind
Knot Inn. 10ml Moderate. Bring lunch.

Thu 27th 10:30 LEGBURTHWAITE David Richards
NY318197 (LR90, Exp4/5) A591 from Grasmere for 7 mls,
right on B5322. CP is 0.5 ml on left. St John's Skyline via Fisher's
Wife's Rake. (Scramble: easy but very steep) Phone leader night
before to confirm (01606 889939). 10ml Strenuous. Bring lunch.

Sun 30th 14:00 MICKLE TRAFFORD Bill Smith
449704 (LR117, Exp266) Layby on A56 opp mill, 0.5 ml N of
village. To Plemstall Church . Tel 01925 265453.

May/June

Sun 30th	SUNDAY COACHES
VR&K	Hartington (Derbys)

JUNE

Tue 1st 10:30 **ARENIG** **Vince Joyce**
SH829393 (LR124/125, Exp18) A4212 from Bala for 10mls, left
on minor road. Old quarry CP 0.8ml on left. Nuttall Walk 6.1
Arenig Fawr . Tel 01942 603626. 12ml Strenuous. Bring lunch.

Tue 1st	TUESDAY COACH
	Llanberis (Gwynedd)

Wed 2nd 19:00 **ACTON BRIDGE** **David Braine**
601761 (LR118, Exp267) Verge near Leigh Arms, Acton
Bridge.

Thu 3rd 10:30 **ABER** **Jess & Alan Milligan**
SH664719 (LR115, Exp17) Forestry Commission CP (Pay &
Display), 1ml SE village. 12ml Strenuous. Bring lunch.

Sun 6th 10:00 **CHURCH MINSHALL** **David Brunt**
657623 (LR118, Exp267) Lea Green lay-by W side of B5074,
200 yds South of Ashbrook Bridge.

Sun 6th 14:00 **APPLETON THORN** **Peter & Joyce Davies**
637837 (LR109, Exp276) Lay-by on Stretton Road, 200m SW
of village.

Sun 6th	SUNDAY COACHES
Halton	Kirkby Stephen (Cumbria)
Warrington	Dolgellau (Gwynedd)

June

Tue 8th 10:30 CHURCHTOWN John Bent
SD481429 (LR102, Exp41/296) SW of Garstang. Punch Bowl
PH CP. Pub lunch & possible visit to cheese factory. 7ml
Leisurely. Pub lunch.

Tue 8th 10:30 SADGILL Mike Alldred
NY484057 (LR90, Exp7) End of minor road through
Longsleddale, NW off A6 4mls N of Kendal. 3000 ft asc . Tel
07713258424. 10ml Strenuous. Bring lunch.

Thu 10th 10:30 STALYBRIDGE from Man Picc David Bratt
958986 (LR109, Exp277) Station. 10.11 from Man Pic.
Circular walk 2250 ft asc. Opportunity to visit station tavern again.
Optional evening meal in Manchester . Tel 01925 762472. 12ml
Hard. Bring lunch.

Sun 13th 10:00 WAVERTON Peter Young
455642 (LR117, Exp266) Egg Bridge CP. Tel 01829 732700.

Sun 13th 14:00 PEOVER SUPERIOR Harold Bennetton
763753 (LR118, Exp268) Lay-by on A50 near Radbroke Hall.
Tel 01925 268871.

Sun 13th	SUNDAY COACHES
VR&K	Llanberis (Gwynedd)

Tue 15th 10:30 LLANFAIR TALHAIARN Bill Minshall
SH927703 (LR116, Exp264) Village CP off A548 5mls S
Abergele. Tel 07771 985846. 12ml Hard. Bring lunch.

Tue 15th 10:30 MALPAS Doreen Young & Rhona Povall
488473 (LR117, Exp257) CP in lane off High Street, opp old
fire station. Tel 01606 330417. 8ml Leisurely. Bring lunch.

Thu 17th 09:50 WREXHAM from Chester David Stearne
330508 (LR117, Exp256) General Railway Station. Linear
train/bus walk. 09.30 train from Chester to Wrexham at 09.50.
Bus to Minera and walk to Llangollen. Bus to Ruabon station,
return to Chester via Wrexham. Tel 01928 735809. 12ml Hard.
Bring lunch.

June

Sun 20th 10:00 SANDIWAY Doreen Young
602704 (LR118, Exp267) Kennel Lane off A556 1/4 ml W Blue
Cap Hotel. Tel 01606 330417.

Sun 20th 14:00 ALDFORD Syd Robinson
418594 (LR117, Exp257/266) Village CP off B5130.

Sun 20th	SUNDAY COACHES
Halton	Carsington Water (Derbys)
Warrington	Threlkeld (Cumbria)

Tue 22nd 10:30 OVERTON David Brunt
374418 (LR117, Exp257) CP behind church off B5069/A539.
10ml Moderate. Bring lunch.

Tue 22nd 10:30 GRASMERE Dorothy Hemingway
NY335097 (LR90, Exp5/7) Layby N of Traveller's Rest, on
A591. Climbing Sergeant Man. 10ml Strenuous. Bring lunch.

Thu 24th 10:30 STRINES Jess & Alan Milligan
SK221907 (LR110, Exp1) Follow Strines rd N from A57 - CP
nr Strines PH. 12ml Hard. Bring lunch.

Sat 26th 07.30 WARRINGTON Ray & Mary Brown
607885 (LR109, Exp276) Central Station. Rail ramble -
Whaley Bridge to Buxton. IMPORTANT tel 01925 726466 night
before - see p11. 10ml Moderate. Bring lunch.

Sun 27th 14:00 PRESTON-on-the-HILL Peter & Joyce Davies
594804 (LR108, Exp267) Glebe Farm. Layby North side
Higher lane near Morphany Lane.

Sun 27th	SUNDAY COACHES
VR&K	Chapelton (Lancs)

June

Tue 29th 10:30 PENMAENPOOL David Richards

SH695185 (LR124, Exp23) RSPB CP (free), 2mIs W of Dolgellau on A493. Mawddach estuary. Opportunities for birdwatching: bring binoculars. 14ml Moderate. Bring lunch.

Tue 29th 10:30 DELAMERE Chris Davies

556704 (LR117, Exp267) Linmere picnic area CP, by station (Pay & Display). Tel 01829 730723. 9ml Leisurely. Bring lunch.

Tue 29th	TUESDAY COACH
	Bolton Abbey (N Yorks)

Wed 30th 19:00 NORTHWICH Judith Halman

670747 (LR118, Exp267) B5075 layby. Possible sighting of Little Stint.

AUTUMN PROGRAMME STARTS 1st JULY 2010