

AREA OFFICERS

President

Keith Doughty

Chairperson

6 Pasture Drive
Croft, WARRINGTON, WA3 7LH
e-mail: chair@mnc-ramblers.org.uk

John Watkin

01925 766889

Vice Chairperson

Bill Fraser

Honorary Secretary

2 The Spinney, Norley
Cheshire, WA6 8LS
e-mail: areasec@nmc-ramblers.org.uk

Penny Clarke

07710 498 717

Honorary Treasurer

23 Cuerdley Road, Penketh
WARRINGTON WA5 2UB
e-mail: jshipsides@talktalk.net

Jan Shipsides

01925 728309

Membership Sec. & Info. Officer

e-mail: haroldbennetton@mnc-ramblers.org.uk

Harold Bennetton

01925 268871

Footpath Officer

John Watkin

Access Officer

Keith Doughty

01925 488020

Countryside Officer

Harry Johnston

01925 726240

Programme Co-ordinator

Marsh Green Cottage, Mill Lane,
Kingsley, FRODSHAM, WA6 8HJ
e-mail: coord@mnc-ramblers.org.uk

Sheelagh Warner

01928 787443

IT & Programme Support

e-mail: dstearne@mnc-ramblers.org.uk

David Stearne

01928 735809

GENERAL INFORMATION

The **NORTH and MID CHESHIRE Area** has four local groups.

LOCAL GROUP SECRETARIES:

HALTON

50 Deepdale Drive, Rainhill,
PRESCOT, Merseyside L35 4NN

e-mail: n.lidbury@blueyonder.co.uk (put 'Ramblers' in subject line)

Norman Lidbury

0151 426 0925

VALE ROYAL and KNUTSFORD

Birchtree Bungalow, Off Red Lane,
Appleton, WARRINGTON, Cheshire WA4 5AB
e-mail: vrksecretary@nmc-ramblers.org.uk

Daphne Armitage

01925 268540

WARRINGTON

Yellow Lodge, Park Lane,
Higher Walton, WARRINGTON, Cheshire WA4 5LW
e-mail: bernielebert@hotmail.com

Bernadette Elebert

01925 861788

UNDER 40's

e-mail: goromgorom@gmail.com

Andrew Galloway

07788 923 961

WEB SITES

Area nmc-ramblers.org.uk

Under 40's www.cheshirewalkers.org.uk

These sites can be reached directly, or through the <local groups> page of the RA national site. They will display the most up-to-date version of the programme.

THE RAMBLERS' ASSOCIATION

2nd Floor, Camelford House,
87-90 Albert Embankment, LONDON SE1 7TW

www.ramblers.org.uk

Tel: 020 7339 8500

e-mail: ramblers@ramblers.org.uk

FOOTPATH DIFFICULTIES

Any difficulties with footpaths e.g. ploughing, obstructions etc. no matter where found, should be reported to your Local Group Footpath Officer or directly to the Ramblers' Association Head Office, using the form and address in the yearly handbook, or via the link on our web site.

HALTON

4 Norlands Lane,
WIDNES, Cheshire WA8 5AS

Robin Whitaker

0151 423 4757

VALE ROYAL and KNUTSFORD

'Arinor', Roddy Lane,
KINGSLEY, Cheshire WA6 8HF
e-mail: johnqwhite@btinternet.com

John White

01928 788549

WARRINGTON

3 Betsyfield Drive, Croft
WARRINGTON WA3 7LJ
e-mail: roger.lamming@tesco.net

Roger Lamming

01925 766828

SAFETY ON WALKS

(Please read the following important information)

PACE Please keep to the pace set by the leader who will be guided by the slower members of the party. Lagging behind is as big a problem as forcing the pace by charging ahead of the leader. Don't forget the leader is trying to please **ALL** members of the party.

Do not lose contact with the leader. If you do become separated please stay where you last saw members of the party; they will find you.

RESPONSIBILITIES Walkers should inform the leader of any medical problem which could affect their walk (and any emergency treatment which may be needed). If you feel unwell, get word to the leader at once. Do not leave the group without informing the leader or backmarker. Leaders are not responsible for anyone doing so.

RESTRICTIONS Leaders have the right to refuse anyone as a member of their party who, in their opinion, may be at risk for reasons of inadequate clothing, lack of physical fitness etc.

CLOTHING and FOOD Boots are recommended for all walks and are essential for walking in the hills. Stout shoes may be suitable in a dry summer but farm yards and field paths can be messy places at any time. Walkers should always bring sufficient clothing for all weather conditions that may be encountered, as well as spare warm clothing. Remember conditions could easily change for the worse. A drink and an energy giving snack are all sensible extras to carry, even if you are taking your lunch for an all day walk.

INJURIES/LOSS OF PROPERTY The Ramblers Association do not accept any responsibility for personal injury or loss of property when attending any of our rambles or functions. If it is thought necessary, individuals should make their own insurance arrangements. Any illness or accident which occurs on a walk, which requires medical attention or use of the emergency services must be reported to the Area Secretary.

“All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise”.(RA circular 03/53)

ROAD SAFETY “If you use a country road with no pavement or verge, the party should walk **in single file, on the right hand side of the road**”, unless it is unsafe to do so, e.g. approaching a blind bend. “Discourage people from walking two abreast in order to chat.” (RA Navigation & Leadership Manual 1994 pp 70-71)

DOGS Must be kept under your strict control at all times and **must** be on a **maximum 2 metre lead**, so that they are not a danger to other walkers, particularly around stiles and to farm livestock. No more than one dog per walker. Remember your dog is your responsibility at all times. Leaders have discretion to refuse.

COACH WALKS

Full details of the coach venues are listed on the following pages and shown chronologically in the programme.

All coach rambles are intended primarily for members. It is essential to wear boots and carry wind and waterproof outer clothing and a spare pullover or fleece. Do not wear tight fitting clothing that could cling to the skin when wet. Food and drink for lunch should be carried and also an emergency snack. Extra food and a change of clothing can be left on the coach.

SUNDAY COACHES

These are arranged by local groups on alternate Sundays. Booking must be made in advance and a deposit paid. Please ensure you know the time and place you will be joining the coach. Deposits can only be carried over to future coach rambles if you cancel by the Tuesday preceding the Sunday of the ramble; otherwise it is forfeited.

There is usually a choice of four rambles from the coaches which are graded "A" to "D". Do not join the "A" walks unless you are well prepared and used to long walks.

Members wishing to travel with particular friends from outside their group are welcome on any of the three Group Coaches, but booking should be made early and directly with the respective Booking Secretary.

SUNDAY COACH WALKS

WARRINGTON Group

July (Coaches return at 6.00pm)

5th Church Stretton (Shrops)

19th Shap (Cumbria)

August

2nd Ashbourne (Derbys)

16th Beetham (Cumbria) – Summer Meal

30th Capel Curig (Conwy)

September

13th Coniston (Cumbria)

27th Hathersage (Derbys)

October

11th Horton in Ribblesdale (N Yorks)

(Coaches return at 5.30pm)

25th Tideswell (Derbys)

November

8th Elterwater (Cumbria)

22nd Longnor (Staffs)

December (Coaches return at 5.00pm)

6th Hollingworth Lake (Gtr Manchester)

20th Bickerton (Cheshire) – Xmas Dinner

Booking Secretary

Peter Hathaway 01925 262340

SUNDAY COACH WALKS

HALTON Group

July (Coaches return at 6.00pm)

- 5th Ingleton (N Yorks)
19th Grasmere (Cumbria)

August

- 2nd Betwys-y-Coed(Conwy)
16th Kettlewell (N Yorks)
30th Buxton (Derbys)

September

- 13th Horton in Ribblesdale (N Yorks)
27th Langley (Cheshire)

October

- 11th Kirby Lonsdale (Cumbria)
-

(Coaches return at 5.00pm)

- 25th Uppermill (Lancs)

November

- 8th Marsden (W Yorks)
22nd Ramsbottom (Gtr Manchester)

December

- 6th Tarporley (Cheshire)
20th Castleton (Derbys)

Booking Secretary

Chris Ireland 07842 160944 between
08.00 to 21.00 Mon to Sat only

SUNDAY COACH WALKS

VALE ROYAL & KNUTSFORD Group

July

12th Haworth (W Yorks) - Meal

26th Cromford (Derbys)

August

9th Porthmadog (Gwynedd)

23rd Coniston (Cumbria)

September

6th Ashford in the Water (Derbys)

20th Llanberis (Gwynedd)

October

4th Sedbergh (Cumbria)

18th Edale (Derbys)

November

1st Chirk (Wrexham)

15th Hebden Bridge (W Yorks)

29th Tideswell (Derbys)

December

13th Llangollen (Denbighs) - Meal

Booking Secretary

Barbara Ward 01565 651765

TUESDAY COACH WALKS

These are organised by the Area on which two moderate walks will be arranged and possibly a guided tour of a local attraction. Typically coaches will start about 09:00 and return by around 19:00.

Booking for these outings will be required in advance and must be paid for by cheque (payable to Ramblers Association).

30th June	Ambleside (Cumbria)
28th July	Baslow (Derbys)
25th August	Clapham (Yorks)
22nd September	Youlgreave (Derbys)
20th October	Ruthin (Denbighs)

Booking Secretary:

Lucy Fitzsimmons,
4 Whitefield Road,
Stockton Heath,
WARRINGTON
Cheshire WA4 6LZ

01925 265230

LOCAL WALKS

These are for members and the general public. No prior notice or booking is necessary, unless otherwise stated; just turn up at the venue.

HALF DAY WALKS are graded by the walk leader and will last about 2½hrs.

Easy Access		Walks for everyone incl. wheelchairs, pushchairs, using easy access paths with the option to shorten the walk if required
Easy	0 - 500ft asc.	Suitable for all but could include field paths and stiles. Max. 5 miles.

FULL DAY WALKS have a 'Grade', 'Distance' and notice to 'Bring Lunch' in the description. They are graded by the walk leader as:-

Leisurely	0 - 1500ft asc.	Some walking experience required, gently paced, easy gradients
Moderate	500 - 1500ft asc.	A reasonable degree of fitness and experience required
Hard	1500 - 2500ft asc.	Suitable for strong regular day walkers only
Strenuous	2500ft + asc.	Could involve steep ascents, ridge walking, and high level routes.

(Ascent is total for the walk and not the max.height attained)

These Grades are a general guide only. When considering your choice of walk you should bear in mind the distance of the walk, the regional differences in terrain and the possibility of bad weather making the walk more difficult.

FOR YOUR INTEREST IN THIS PROGRAMME.

New ideas, new venues, new leaders, new walks and new areas, as well as local walks and your favourite walks.

All we need now is - **YOU.**

Linear Walks by Train & Bus – Continuation of the South Cheshire Way and the Wayfarer Wanderings series and several new train walks

Walks with a difference – Some 'Industrial Archaeological Rambles' and walks exploring 'the Lavender Fields of Rainford' and also 'our Industrial Heritage and Stephenson's Railway'

High Peaks – Heights attained from Honister Pass, Llanberis, Bethesda and High Raise

Garden & Interest Walks – Bodnant Gardens and 'a walk through the ages' at Kendal and 3 Family Walks with children in mind

Pub Lunch Walks – At Little Bollington, Haslington, Swynnerton and Alvanley

If you enjoy these ideas and walks, tell the leader, in fact tell everyone. If you don't, then tell me and let me have your ideas. You will see there are fewer Sunday local walks this time. If you enjoy these regularly PLEASE could YOU offer to lead some in the next programme. We desperately need more leaders.

Our web site: **nmc-ramblers.org.uk** will always show the most up-to-date information, in case of any changes to the programme.

SOCIAL PROGRAMMES

The Group Secretaries are :-

HALTON Programme to be announced on Sunday coach walks

VALE ROYAL and KNUTSFORD **Janice Barker**
07809 770604

WARRINGTON **Bernadette Elebert**
01925 861788

JULY

Sun 19th An Evening at Gawsorth Open Air Theatre VR&K
'That'll be the Day'
60s music concert Tickets £20.25
Contact: Anne Smith 01928 788903

AUGUST

Wed tba Coach to Consall Hall Landscape Gardens VRK
Coffee, lunch & teas available
Contact: Janice Barker 07809 770604

SEPTEMBER

Fri 18th Golf Day at Lymm Golf Club at 10.00 W
Contact: Ron Baughan 01925 752846

NOVEMBER

tba Meal at The Crown Inn, Goostrey, 1900 for 19.30 VRK
Contact: David Brunt 01477 533944

DECEMBER

tba Panto at Theatr Clwyd, Mold VRK
Contact: Janice Barker 07809 770604

APRIL 2010

10 – 17 Spanish Holiday in the Alpujarra in Andalucia
2 grades of walk daily and a painting option
for an art based week or mixed painting/walking week
Contact: Mal or Chris Davies 01829 730723
malcolm.davies@btinternet.com

VRK

SPECIAL EVENTS

Vale Royal & Knutsford Group AGM

Monday 9th November 2009
Parish Rooms Acton Bridge at 20.00

North & Mid Cheshire Area AGM

Saturday 21st November 2009
The Rams Head Grappenhall at 13.30
Buffet lunch at 12.00

Halton Group AGM

Monday 23rd November 2009
Our Lady of Perpetual Succour, Hough Green at 19.30

Warrington Group AGM

Thursday 26th November 2009
Padgate Community Centre at 20.00

PROGRAMME of WALKS for AUTUMN 2009

Please see the **SAFETY NOTES** and **WALK GRADING NOTES** given earlier in the programme.

Map No. is the OS 'Landranger' or 'Explorer' map in which the venue start point is shown.

Map References are prefixed 'SJ' unless otherwise stated.

Date Time	VENUE	Leader
Map Ref (Map No.)	Directions	

Tue 30th JUNE	TUESDAY COACH Ambleside (Cumbria)
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JULY

Thu 2nd 10:30 **KIRKSTONE PASS** **Mike Alldred**
NY401080 (LR90, Exp7) CP on A592 opp Kirkstone Pass Inn.
'Approx 3000 ft asc'. 11ml Strenuous. Bring lunch.

Sat 4th 10:30 **GLASSON DOCK** **Ken Street**
SD445560 (LR102, Exp296) Marina CP off B5290, 3 ml W
M6/J33. 12ml Moderate. Bring lunch.

Sun 5th 10:00 **STAMFORD BRIDGE** **David Brunt**
470673 (LR117, Exp266) Lansdowne Road (old A51), avoid
bus lay-by and garden centre.

Sun 5th 14:00 **PRESTON-on-the-HILL** **Peter & Joyce Davies**
588815 (LR108, Exp267/275) Layby at Newton Cross, 1 mile
E of village.

Sun 5th	SUNDAY COACHES
	Halton Ingleton (N Yorks)
	Warrington Church Stretton (Shrops)

July

Tue 7th 10:30 KETTLESHULME Chris Weller
995768 (LR118, Exp24) Pym's Chair CP nr Jenkin Chapel.
10ml Moderate. Bring lunch.

Tue 7th 10:30 KETTLESHULME David Stearne
995768 (LR118, Exp24) Pym's Chair CP nr Jenkin Chapel.
14ml Hard. Bring lunch.

Thu 9th 10:30 BASSENTHWAITE Ian Howard
NY235296 (LR89/90, Exp4) Lay-by S of Ravenstone Hotel, 5
ml N of Keswick on A591. 9ml Strenuous. Bring lunch.

Sat 11th 10:30 CILCAIN Chris Davies
147657 (LR116, Exp265) Moel Arthur CP. 2 1/2 ml SW on
minor rd off A541. 10ml Moderate. Bring lunch.

Sun 12th 10:00 MOULDSWORTH Peter Young
512707 (LR117, Exp267) Station CP.

Sun 12th 14:00 PRESTBURY Harold Bennetton
902771 (LR118, Exp268) Village CP. Rear of Admiral Rodney
Inn.

Sun 12th	SUNDAY COACHES
	VR&K Haworth (W Yorks)

Tue 14th 09:30 NEW MILLS Phil Murray
SK001854 (LR110, Exp1) Torr Top St CP. 'Read
www.kindertrespas.com'. 14ml Hard. Bring lunch.

Tue 14th 10:30 KENDAL Judith Halman
SD516927 (LR97, Exp7) Meet outside Tourist Info, by Town
Hall. Park elsewhere. 'A walk through the ages'. 6ml Leisurely.
Pub lunch.

Thu 16th 10:15 BETHESDA Jess & Alan Milligan
SH623668 (LR115, Exp17) Town CP off A5. 'Some gully
scrambling.' Phone leader night before (01606 851783). 12ml
Strenuous. Bring lunch.

July/August

Sun 26th	SUNDAY COACHES
VR&K	Cromford (Derbys)

Tue 28th 10:30 **NANT PERIS** **David Richards**
SH607584 (LR115, Exp17) CP on S side of A4086. 'Industrial Archaeology Ramble: Marchlyn Horseshoe via the Diornig Quarries. 3500 ft asc.' Phone leader night before (01606 889939). 11ml Strenuous. Bring lunch.

Tue 28th	TUESDAY COACH
	Baslow (Derbys)

Thu 30th 10:30 **LLANTYSILIO** **Sheelagh Warner**
198433 (LR125, Exp255/256) CP on minor road (just off B5103). 10ml Hard. Bring lunch.

AUGUST

Sat 1st 10:15 **DELAMERE** **Duncan & Jean Goodwin**
557704 (LR117, Exp267) Delamere Station free CP. 'Train linear'. 12ml Moderate. Bring lunch.

Sun 2nd 10:00 **TARPORLEY** **Peter Hollinrake**
554627 (LR117, Exp267) High Street CP at rear of Rising Sun.

Sun 2nd 14:00 **FRODSHAM** **Beryl Capper & Marian Ainscough**
521772 (LR117, Exp267) St Lawrence Church CP, Church Rd, by Ring o' Bells PH.

Sun 2nd	SUNDAY COACHES
Halton	Betws-y-Coed (Conwy)
Warrington	Ashbourne (Derbys)

Tue 4th 10:30 **WHALEY BRIDGE** **Judith Halman**
SK012816 (LR110, Exp1) CP near canal basin. 10ml Hard. Bring lunch.

August

Tue 4th 10:30 **KETTLESHULME** **David Brunt**
995768 (LR118, Exp24) Pym's Chair CP nr Jenkin Chapel.
9ml Leisurely. Bring lunch.

Thu 6th 10:30 **HONISTER PASS** **Vince Joyce**
NY225136 (LR89/90, Exp4) Large CP at Youth Hostel at top
of pass. 'Nuttall 3.1 walk Great Gable 8 Tops'. 10ml Strenuous.
Bring lunch.

Sun 9th 10:00 **CROSBY** **John Watkin**
319973 (LR108, Exp266/275) Esplanade CP, Marine Lake,.
Family walk of 5 miles suitable for accompanied children inc
pushchairs. Bring lunch. Easy.

Sun 9th 14:00 **CLOCK FACE** **Ken Hall**
535915 (LR108, Exp275) Country Park CP on Gorse Lane,
NE off A569.

Sun 9th	SUNDAY COACHES
VR&K	Porthmadog (Gwynedd)

Tue 11th 09:30 **MARPLE from Birchwood** **Geoff Hill**
963894 (LR109, Exp1/268) Railway station. '09.49 train or
meet at Marple station. Return from Broadbottom'. 7ml
Leisurely. Bring lunch.

Tue 11th 10:30 **CUNSWICK SCAR** **Ian Hilditch**
SD488924 (LR97, Exp7) Public CP on Underbarrow Road, 2
ml W of Kendal. 14ml Hard. Bring lunch.

Thu 13th 10:30 **LLANBERIS** **Peter Wade**
SH581601 (LR114/115, Exp17/263) Large CP on A4086.
'3800 ft asc. Maesgwm, Bwlch Measgwm, Moel Cynghorion,
Clogwyn d'ur Arddu, Bwlch Glas'. 10ml Strenuous. Bring lunch.

Sun 16th 10:00 **TARVIN** **Harold Bennetton**
500675 (LR117, Exp267) Shay Lane Oscroft. NE of village,
1/4ml SE off A54.

August

Sun 16th 14:00 **BRYN** **Syd Robinson**
603725 (LR118, Exp267) Layby off A49, 2m S of Weaverham.

Sun 16th	SUNDAY COACHES
	Halton Kettlewell (N Yorks)
	Warrington Beetham (Cumbria)

Tue 18th 10:30 **MONYASH** **David Astbury**
SK150667 (LR119, Exp24) Village CP sharp left by Bull's
Head. 11ml Hard. Bring lunch.

Tue 18th 10:30 **CONGLETON** **David Brunt**
846627 (LR118, Exp268) Astbury Mere Country Park. Sandy
Lane off A34. 9ml Leisurely. Bring lunch.

Thu 20th 10:00 **BUXTON from Manchester Picc** **David Bratt**
SK059738 (LR119, Exp24) Railway station. 'Wayfarer
Wanderings 15. Man Picc 08.52 to Buxton. Walk is Buxton to
Grindleford. 2000ft asc. Optional celebratory evening meal'.
Please confirm arrangements with leader 01925 762472. 17ml
Hard. Bring lunch.

Sat 22nd 10:30 **CHIRK** **Duncan & Jean Goodwin**
284378 (LR126, Exp240/256) Railway station CP. 8ml
Leisurely. Bring lunch.

Sun 23rd 10:00 **NEWTON-LE-WILLOWS** **Norman Lidbury**
562948 (LR108, Exp275/276) Sankey Valley CP, Wharf Road.
'Industrial Heritage and Stephenson's Railway'.

Sun 23rd 14:00 **ANDERTON** **Ivor Williams**
647753 (LR118, Exp267) CP (Pay & Display) by boat lift.

Sun 23rd	SUNDAY COACHES
	VR&K Coniston (Cumbria)

August/September

Tue 25th 10:00 CONWY Bob Lucas
SH782774 (LR115, Exp17) Town Centre CP (Pay & Display).
'10.20 train to Penmaenmawr and walk back'. 12ml Strenuous.
Bring lunch.

Tue 25th	TUESDAY COACH
	Clapham (N Yorks)

Wed 26th 19:00 DARESBUY Frank Search
580828 (LR108, Exp275/276) Daresbury Church.

Thu 27th 10:30 DARWEN Jess & Alan Milligan
SD680225 (LR103, Exp287) Sunnyhurst Woods CP. 'Circuit of
Darwen Hill, Winter Hill & Great Hill'. 14ml Hard. Bring lunch.

Sun 30th 10:00 PEOVER SUPERIOR David Brunt
784735 (LR118, Exp268) Clay Lane.

Sun 30th 14:00 FRODSHAM Paul Buksh
519779 (LR117, Exp267) CP off Church St, behind station.
'Ascent to memorial and down to the Marshes'.

Sun 30th	SUNDAY COACHES
	Halton Buxton (Derbys)
	Warrington Capel Curig (Conwy)

SEPTEMBER

Tue 1st 10:30 SIDDINGTON Judith Halman
849713 (LR118, Exp268) Lay-by, south end Redes Mere.
Fanshaw Lane (Redesmere Lane), off A34. 9ml Leisurely. Bring
lunch.

Tue 1st 10:30 MOEL FAMAU John Burn
172612 (LR116, Exp265) Country Park on minor road SW off
A494 1/2ml SW Loggerheads. CP (Pay & Display) on right at
picnic area. 'S on Offa's Dyke. 1800 ft asc'. 11ml Hard. Bring
lunch.

September

Thu 3rd 10:30 BURSTON Bill Minshall
946302 (LR127, Exp258) Layby on B5066 off A51. 11ml
Moderate. Bring lunch.

Sun 6th 10:00 DANEBRIDGE John Watkin
965652 (LR118, Exp24/268) Roadside by phone box between
river and Ship Inn. 'Family walk of 5 miles suitable for
accompanied children but not pushchairs'. Bring lunch. Easy.

Sun 6th 10:00 ARLEY Keith Doughty
673807 (LR109, Exp267) Village CP.

Sun 6th 14:00 LOWTON Celia Adamson
620965 (LR109, Exp276) Heath Lane (off A572), next to Lime
House. M6 J22/A579 to A572 then left & first right.

Sun 6th	SUNDAY COACHES
VR&K	Ashford in the Water (Derbys)

Tue 8th 10:30 BEDDGELERT FOREST David Richards
SH573503 (LR115, Exp17) W off A4085 at SH 576509
(Beddg For signs). Follow rough rd downhill 0.3.m. CP on R
(NOT the campsite). 'Industrial Archaeology Ramble: The Truro
Wheel. 2800 ft asc.' Phone leader night before (01606 889939).
11ml Strenuous. Bring lunch.

Tue 8th 10:30 ROE CROSS Geoff Hill
989966 (LR109, Exp1) Hobson Moor Lane opp old quarries.
A57 to Mottram, L on B rd onto A6018. At 1 km turn R opp
garage. Park on Hobson Moor Rd off A6018 at Roe Cross. 7ml
Leisurely. Bring lunch.

Thu 10th 10:30 WHALEY BRIDGE from Man Picc Vince Joyce
SK011815 (LR110, Exp1) Station CP. Parking also at nearby
canal basin. 'Start walk from Station CP at 10.45. Train 09.52
from Man Picc'. 12ml Hard. Bring lunch.

Sun 13th 10:00 NORLEY Tony Lavin
571726 (LR117, Exp267) Tiger's Head CP.

September

Sun 13th 14:00 **GLAZEbury** **Peter & Joyce Davies**
673966 (LR109, Exp276) Methodist Church CP on A574 opp
George & Dragon.

Sun 13th	SUNDAY COACHES
	Halton Horton-in-Ribblesdale (N Yorks)
	Warrington Coniston (Cumbria)

Tue 15th 10:30 **KINGSLEY** **Sheelagh Warner**
549748 (LR117, Exp267) Village Community Centre CP, off
B5153. 10ml Leisurely. Bring lunch.

Tue 15th 10:30 **FRIDEN** **George Leigh**
SK173608 (LR119, Exp24) High Peak Trail CP opp brickworks
on lane NE off A515 /A5012 at Newhaven 10mls SE of Buxton.
'A stroll in the Derbyshire Dales'. 16ml Moderate. Bring lunch.

Thu 17th 10:30 **GLAZEbury** **John Bent**
671978 (LR109, Exp276) Bents' Garden Centre, Glazebury.
8ml Leisurely. Bring lunch.

Sat 19th 10:00 **DARWEN** **John Watkin**
SD665213 (LR103, Exp287) Jn 3 M65, thru Abbey to Ryal
Fold. 'Family walk of 4 miles suitable for accompanied children'.
Bring lunch.. Easy.

Sun 20th 10:00 **EAST LANCS ROAD** **Norman Lidbury**
470969 (LR108, Exp275) Game Bird PH CP. 'Traversing the
Moss'.

Sun 20th 14:00 **BEESTON** **Harold Bennetton**
540590 (LR117, Exp257) Beeston Castle Visitors' CP
(payment required).

Sun 20th	SUNDAY COACHES
	VR&K Llanberis (Gwynedd)

September

Tue 22nd 10:00 RUSHTON SPENCER Phil Murray
936624 (LR118, Exp24/268) Old Railway Station CP, behind
Knot Inn. 12ml Moderate. Bring lunch.

Tue 22nd	TUESDAY COACH
	Youlgreave (Derbys)

Thu 24th 10:00 COEDPOETH Peter Wade
290501 (LR117, Exp256) Nant Mill (Melin y Nant) Country
Park CP. 1ml S of village, A438 /A525 2mls W of Wrexham.
'note early start. 2300 ft asc'. 16ml Hard. Bring lunch.

Sun 27th 10:00 SAIGHTON Frank Search
442618 (LR117, Exp266) Park opp Abbeygate College.

Sun 27th 14:00 ALVANLEY Peter & Joyce Davies
513746 (LR117, Exp267) Ridgeway. Lay-by 1/2ml SE off
B5393.

Sun 27th	SUNDAY COACHES
	Halton Langley (Cheshire)
	Warrington Hathersage (Derbys)

Tue 29th 10:30 LLANARMON DYFFRYN CEIRIOG Ron Baughan
156328 (LR125, Exp255) West Arms Hotel CP in village, on
B4500 10mls SW Chirk. 'CP is courtesy of owner. Some
members of party to buy a drink or coffee, please'. 11ml Hard.
Bring lunch.

Tue 29th 10:30 ARLEY David Brunt
670810 (LR109, Exp267) Walkers' CP, Arley Hall. 9ml
Leisurely. Bring lunch.

OCTOBER

Thu 1st 10:30 **BURBAGE MOOR** **David Bratt**
SK260829 (LR110, Exp1) Car Park. '2 Trigs plus Carl Wark & Higger Tor'. Optional evening pub meal. 13ml Hard. Bring lunch.

Sat 3rd 10:30 **RUTHIN** **Duncan & Jean Goodwin**
125585 (LR116, Exp256/264) Craft Centre car park. 9ml Leisurely. Bring lunch.

Sun 4th 10:00 **GREAT BARROW** **David Braine**
469696 (LR117, Exp266) B5132. On verge 300m S of Foxcote Pub.

Sun 4th 14:00 **BIRCHWOOD** **John & Judith Barnard**
651908 (LR109, Exp276) CP opposite station. Free parking.

Sun 4th	SUNDAY COACHES
	VR&K Sedbergh (Cumbria)

Tue 6th 10:00 **WILDBOARCLOUGH** **Keith Doughty**
988699 (LR118, Exp24) Clough House CP. 13ml Hard. Bring lunch.

Tue 6th 10:30 **BEESTON** **Ann Walker**
540590 (LR117, Exp257) Beeston Castle. Walkers CP. 9ml Moderate. Bring lunch.

Thu 8th 10:00 **LLANDUDNO** **Junc from Chester** **Harry Faulkner**
SH795779 (LR115, Exp17) Station. Train from Chester 08.55 to Llandudno Junction 09.48. 11ml Strenuous. Bring lunch.

Sun 11th 10:00 **MIDDLEWICH** **Doreen Young**
703662 (LR118, Exp267) Civic Hall CP, off Queen St, behind church.

Sun 11th 14:00 **CHRISTLETON** **Syd Robinson**
443659 (LR117, Exp266) CP south-east corner of lake (The Pit), opposite playing field.

October

Sun 11th	SUNDAY COACHES
Halton	Kirkby Lonsdale (Cumbria)
Warrington	Horton-in-Ribblesdale (N Yorks)

Tue 13th 10:30 **TOCKHOLES** **David Richards**
SD665215 (LR103, Exp287) Visitor Centre CP, next to Ryal Arms. 'Industrial Archaeology Ramble: The Vanished Goat'. 10ml Moderate. Bring lunch.

Tue 13th 10:30 **HESKETH BANK** **John Bent**
SD445238 (LR102, Exp286) Hawthorn Nurseries. 'Hesketh Outfall Birds'. 8ml Leisurely. Bring lunch.

Thu 15th 10:30 **WORLD'S END** **Mike Alldred**
233483 (LR117, Exp256) CP off minor road. Advise approach via A483, Coedpoeth and Minera. 'Approx 1600 ft asc'. 11ml Hard. Bring lunch.

Now is the time

**To be planning your walks for the Spring 2010 Programme.
Contributions required by mid November**

Sun 18th 10:00 **HALE, WIDNES** **Norman Lidbury**
468822 (LR108, Exp275) Childe of Hale PH CP. Hale head, 'Mersey foreshore and the Childe of Hale'.

Sun 18th 14:00 **FRODSHAM** **Harold Bennetton**
519766 (LR117, Exp267) Beacon Hill CP near Mersey View.

Sun 18th	SUNDAY COACHES
VR&K	Edale (Derbys)

October

Tue 20th 10:30 **ABBEYSTEAD** **David Stearne**
SD563543 (LR102, Exp41) Park in village centre by river
bridge. 'Wards Stone via Tarnbrook'. 13ml Hard. Bring lunch.

Tue 20th	TUESDAY COACH
	Ruthin (Denbighs)

Thu 22nd 11:00 **BLACKROD from Man Vic** **David Bratt**
SD624106 (LR109, Exp276/287) Railway station. 'Manchester
Vic 10.22 to Blackrod. Wayfarer tickets apply. Asc 1600 ft inc
Winter Hill'. 11ml Moderate. Bring lunch.

Sat 24th 10:30 **BODNANT** **John Bent**
SH802724 (LR116, Exp17) Nat Trust CP (charge for entry to
gardens). 'Best of Autumn colour. Bring NT cards'. 4ml Leisurely.
Bring lunch.

Sun 25th 14:00 **TOFT** **Beryl Capper & Marian Ainscough**
759766 (LR118, Exp268) Toft church CP.

Sun 25th	SUNDAY COACHES
	Halton Uppermill (Lancs)
	Warrington Tideswell (Derbys)

Tue 27th 10:00 **FRODSHAM** **Ivor Williams**
519766 (LR117, Exp267) Beacon Hill CP near Mersey View.
'Sandstone & Delamere Trails'. 9ml Moderate. Bring lunch.

Tue 27th 10:30 **WILDBOARCLOUGH** **Dirk Broad**
988699 (LR118, Exp24) Clough House CP. 11ml Hard. Bring
lunch.

Thu 29th 09:30 **CHINLEY from Man Picc** **Ian Howard**
SK039826 (LR110, Exp1) Chinley Railway Station CP. '08.45
train from Man Picc'. 12ml Strenuous. Bring lunch.

October/November

Sat 31st 10:30 **LLANGOLLEN** **Duncan & Jean Goodwin**
214423 (LR117, Exp255/256) Opposite river bridge up steep
hill over canal, park by school. 12ml Moderate. Bring lunch.

NOVEMBER

Sun 1st 13:30 **MOORE** **Ivor Williams**
578855 (LR108, Exp275/276) Nature Reserve, over Moore
Lane swing bridge.

Sun 1st	SUNDAY COACHES
	VR&K Chirk (Wrexham)

Tue 3rd 10:00 **EYAM** **George Leigh**
SK216767 (LR119, Exp24) Village CP. (Pay & Display). 14ml
Moderate. Bring lunch.

Tue 3rd 10:00 **WRIGHTINGTON** **Keith Doughty**
SD516109 (LR108, Exp285) Dangerous Corner lay-by on
A5209 2 ml W of M6/J27. 11ml Moderate. Bring lunch.

Thu 5th 09:15 **CREWE** **Eric Povall**
711547 (LR118, Exp257) Railway Station. 'South Cheshire
Way part 4 - Wrenbury to Grindley Brook. Linear walk. Train to
Wrenbury dep 09.27 (book ret to Whitchurch). Return by train
from Whitchurch dep 14.54 to Crewe'. 10ml Moderate. Bring
lunch.

Sun 8th 10:00 **ACTON BRIDGE** **Penny Clarke**
599745 (LR117, Exp267) Station CP.

Sun 8th 13:30 **STRETTON** **Celia Adamson**
618823 (LR109, Exp276) Fir Tree Close by BUPA Hospital.

Sun 8th	SUNDAY COACHES
	Halton Marsden (W Yorks)
	Warrington Elterwater (Cumbria)

November

- Tue 10th 09:15 MOULDSWORTH David Richards**
512707 (LR117, Exp267) Station CP. '09.31 train to Chester
and walk back (NOT the Baker Way!). 10ml Moderate. Bring
lunch.
- Tue 10th 10:00 Nr STIPERSTONES Ian Hilditch**
SO357978 (LR137, Exp216/217) The Bog Field Centre CP 2m
E off A468 thru Shelve. 14ml Hard. Bring lunch.
- Thu 12th 10:00 CHINLEY Bob Lucas**
SK039826 (LR110, Exp1) Chinley Railway Station CP. 11ml
Hard. Bring lunch.
- Sat 14th 10:00 WHITEGATE Chris Davies**
616679 (LR118, Exp267) Clay Lane Old Station CP. 9ml
Leisurely. Bring lunch.
- Sun 15th 13:30 FRODSHAM Paul Buksh**
531786 (LR117, Exp267) Mill Lane off A56 by Frodsham
Bridge. 'Around Frodsham Marshes'.

Sun 15th SUNDAY COACHES VR&K Hebden Bridge (W Yorks)

<u>Deadline for Walks Submission</u> <u>By 15th NOVEMBER, PLEASE!</u>
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- Tue 17th 10:00 ECCLESTON Peter Young**
415621 (LR117, Exp266) CP S of village near river, 3mls S of
Chester. 'Chester without the shops'. 9ml Leisurely. Bring lunch.
- Tue 17th 10:00 ELLASTON Bill Minshall**
SK116433 (LR119/128, Exp259) Village Community Centre
CP. 11ml Moderate. Bring lunch.
- Thu 19th 10:00 KINGSLEY Sheelagh Warner**
549748 (LR117, Exp267) Village Community Centre CP, off
B5153. 10ml Leisurely. Bring lunch.

November

Sat 21st 10:00 LLANARMON-YN-IAL Duncan & Jean Goodwin
190562 (LR116, Exp256/265) S off A494 4m W of Mold. Past
Raven Inn & park in side streets. 8ml Leisurely. Bring lunch.

Sun 22nd 10:00 TARVIN David Braine
499680 (LR117, Exp267) Lay-by North side A54 near
Cheshire Brick Co.

Sun 22nd 13:30 LYMM John & Judith Barnard
681874 (LR109, Exp276) Library CP.

Sun 22nd	SUNDAY COACHES
	Halton Ramsbottom (Gtr Manchester)
	Warrington Longnor (Staffs)

Tue 24th 10:00 ARLEY David Brunt
670810 (LR109, Exp267) Walkers' CP, Arley Hall. 9ml
Leisurely. Bring lunch.

Tue 24th 10:00 MACCLESFIELD George Leigh
951732 (LR118, Exp24/268) Tegg's Nose Country Park CP
(Pay & Display). 14ml Moderate. Bring lunch.

Thu 26th 09:30 EARL STERNDALE Ian Howard
SK091671 (LR119, Exp24) Parking by church. 'Chrome Hill &
Parkhouse Hill or easier option'. 6ml Hard. Pub lunch.

Sun 29th 10:00 ACTON BRIDGE Keith Doughty
599745 (LR117, Exp267) Station CP.

Sun 29th 13:30 MARBURY Beryl Capper & Marian Ainscough
652764 (LR118, Exp267) Marbury Country Park CP (Pay &
Display).

Sun 29th	SUNDAY COACHES
	VR&K Tideswell (Derbys)

DECEMBER

Tue 1st 10:00 **WHITEGATE** **Ivor Williams**
616679 (LR118, Exp267) Clay Lane Old Station CP. 9ml
Moderate. Bring lunch.

Tue 1st 10:30 **PENMAENMAWR from Chester** **Peter Wade**
SH719767 (LR115, Exp17) Penmaenmawr station. "Linear
train walk. 09.26 train from Chester arr 10.24 at Penmaenmawr.
Walk to Llandudno Junc via Conwy. 'Check train times/car
options with leader 01928 563100'. 12ml Hard. Bring lunch.

Thu 3rd 09:30 **SWYNNERTON** **Bill Minshall**
848357 (LR127, Exp243/258) Fitzherbert Arms, village centre.
8ml Moderate. Pub lunch.

Sun 6th 10:00 **PLUMLEY** **Penny Clarke**
722754 (LR118, Exp267) Plumley Station CP.

Sun 6th 13:30 **FRODSHAM** **Paul Buksh**
531786 (LR117, Exp267) Mill Lane off A56 by Frodsham
Bridge. 'To Lady Heyes (ice cream and loos) and back'.

Sun 6th	SUNDAY COACHES	
	Halton	Tarporley (Cheshire)
	Warrington	Hollingworth Lake (Gtr Manch)

Tue 8th 10:00 **ACTON BRIDGE** **Sheelagh Warner**
597751 (LR117, Exp267) Parish Hall CP. 10ml Moderate.
Bring lunch.

Tue 8th 10:00 **ALDERLEY EDGE** **Geoff Hill**
860772 (LR118, Exp268) Wizard National Trust CP. 7ml
Leisurely. Bring lunch.

Thu 10th 09:30 **ALVANLEY** **Rose Chisholm**
497740 (LR117, Exp267) White Lion CP, opp church. 'Starting
at White Lion & finishing with lunch there'. 9ml Leisurely. Pub
lunch.

December

Sun 13th 13:30 TOFT Frank Search
759766 (LR118, Exp268) Toft church CP.

Sun 13th	SUNDAY COACHES
VR&K	Llangollen (Denbighs)

Tue 15th 10:00 OSWESTRY Sheelagh Warner
289299 (LR126, Exp240) Long Stay CP (P&D), Oak St. 10ml
Moderate. Bring lunch.

Tue 15th 10:00 GOOSTREY David Brunt
768688 (LR118, Exp268) Verge at jctn of Hermitage Lne &
Red Lane. 9ml Leisurely. Bring lunch.

Thu 17th 09:30 LITTLE BOLLINGTON George Leigh
728865 (LR109, Exp276) On A56, near the A556/M56 jctn at
Bowdon. Walk starts from HOME CP. 9ml Leisurely. Pub lunch.

Sat 19th 10:00 FLINT Duncan & Jean Goodwin
243728 (LR117, Exp265) CP off Prince of Wales St. behind
Court House & Police Station. 8ml Leisurely. Bring lunch.

Sun 20th 10:00 CROWTON Peter Wade
572756 (LR117, Exp267) Junction of Crewood Common Road
and Ainsworth Lane.

Sun 20th 13:30 LYMM John & Judith Barnard
681874 (LR109, Exp276) Library CP.

Sun 20th	SUNDAY COACHES
Halton	Castleton (Derbys)
Warrington	Bickerton (Cheshire)

Tue 22nd 09:30 HASLINGTON Bill Minshall
737563 (LR118, Exp257) Hawk Inn, Crewe Rd, Haslington.
7ml Leisurely. Pub lunch.

December

Tue 22nd 10:00 KINGSLEY Sheelagh Warner
549748 (LR117, Exp267) Village Community Centre CP, off
B5153. 10ml Moderate. Bring lunch.

Sat 26th 13:30 HIGHER WHITLEY Harold Bennetton
604804 (LR109, Exp267) Millstone Inn, Grimsditch Lane.
Festival of Winter Walks.

Sun 27th 10:00 WHITEGATE Tony Lavin
616679 (LR118, Exp267) Clay Lane Old Station CP. Festival
of Winter Walks.

Sun 27th 13:30 FRODSHAM Paul Buksh
531786 (LR117, Exp267) Mill Lane off A56 by Frodsham
Bridge. Festival of Winter Walks. 'River Weaver and around
Aston'.

Mon 28th 11:00 ECCLESTON David Stearne
415621 (LR117, Exp266) CP S of village near river, 3mls S of
Chester. Festival of Winter Walks. 'Seasonal stroll along the
banks of the Dee through historic Chester'. No dogs. 7ml
Leisurely. Bring lunch.

Tue 29th 10:00 DANEBRIDGE Bob Lucas
965652 (LR118, Exp24/268) Roadside by phone box between
river and Ship Inn. Festival of Winter Walks. 9ml Leisurely. Bring
lunch.

Wed 30th 10:00 CULCHETH Geoff Hill
661949 (LR109, Exp276) Pack Horse Inn. Festival of Winter
Walks. 5ml Easy.

Wed 30th 10:00 CULCHETH David Bratt
661949 (LR109, Exp276) Pack Horse Inn. Festival of Winter
Walks. 'Usual hot punch and mince pies'. 10ml Leisurely. Bring
lunch.

SPRING PROGRAMME STARTS 1st JANUARY 2010