

## AREA OFFICERS

### **President**

**Keith Doughty**

### **Chairperson**

6 Pasture Drive  
Croft, WARRINGTON, WA3 7LH  
e-mail: chair@mnc-ramblers.org.uk

**John Watkin**

01925 766889

### **Vice Chairperson**

**Bill Fraser**

### **Honorary Secretary**

2 The Spinney, Norley  
Cheshire, WA6 8LS  
e-mail: areasec@nmc-ramblers.org.uk

**Penny Clarke**

07710 498 717

### **Honorary Treasurer**

23 Cuerdley Road, Penketh  
WARRINGTON WA5 2UB  
e-mail: jshipsides@talktalk.net

**Jan Shipsides**

01925 728309

### **Membership Sec. & Info. Officer**

e-mail: haroldbennetton@mnc-ramblers.org.uk

**Harold Bennetton**

01925 268871

### **Footpath Officer**

**John Watkin**

### **Access Officer**

**Keith Doughty**

01925 488020

### **Countryside Officer**

**Harry Johnston**

01925 726240

### **Programme Co-ordinator**

Marsh Green Cottage, Mill Lane,  
Kingsley, FRODSHAM, WA6 8HJ  
e-mail: coord@mnc-ramblers.org.uk

**Sheelagh Warner**

01928 787443

### **IT & Programme Support**

e-mail: dstearne@mnc-ramblers.org.uk

**David Stearne**

01928 735809

## GENERAL INFORMATION

The **NORTH and MID CHESHIRE Area** has four local groups.

### **LOCAL GROUP SECRETARIES:**

#### **HALTON**

50 Deepdale Drive, Rainhill,  
PRESCOT, Merseyside L35 4NN

e-mail: [n.lidbury@blueyonder.co.uk](mailto:n.lidbury@blueyonder.co.uk) (put 'Ramblers' in subject line)

**Norman Lidbury**

0151 426 0925

#### **VALE ROYAL and KNUTSFORD**

Birchtree Bungalow, Off Red Lane,  
Appleton, WARRINGTON, Cheshire WA4 5AB

e-mail: [vrksecretary@nmc-ramblers.org.uk](mailto:vrksecretary@nmc-ramblers.org.uk)

**Daphne Armitage**

01925 268540

#### **WARRINGTON**

Yellow Lodge, Park Lane,  
Higher Walton, WARRINGTON, Cheshire WA4 5LW

e-mail: [bernielebert@hotmail.com](mailto:bernielebert@hotmail.com)

**Bernadette Elebert**

01925 861788

#### **UNDER 40's**

e-mail: [goromgorom@gmail.com](mailto:goromgorom@gmail.com)

**Andrew Galloway**

07788 923 961

### **WEB SITES**

**Area** [www.nmc-ramblers.org.uk](http://www.nmc-ramblers.org.uk)

**Under 40's** [www.cheshirewalkers.org.uk](http://www.cheshirewalkers.org.uk)

These sites can be reached directly, or through the <local groups> page of the RA national site. They will display the most up-to-date version of the programme.

### **THE RAMBLERS' ASSOCIATION**

2nd Floor, Camelford House,  
87-90 Albert Embankment, LONDON SE1 7TW

[www.ramblers.org.uk](http://www.ramblers.org.uk)

e-mail: [ramblers@london.ramblers.org.uk](mailto:ramblers@london.ramblers.org.uk)

Tel: 020 7339 8500

## **FOOTPATH DIFFICULTIES**

Any difficulties with footpaths e.g. ploughing, obstructions etc. no matter where found, should be reported to your Local Group Footpath Officer or directly to the Ramblers' Association Head Office, using the form and address in the yearly handbook, or via the link on our web site.

### **HALTON**

4 Norlands Lane,  
WIDNES, Cheshire WA8 5AS

**Robin Whitaker**

0151 423 4757

### **VALE ROYAL and KNUTSFORD**

'Arinor', Roddy Lane,  
KINGSLEY, Cheshire WA6 8HF  
e-mail: johnqwhite@btinternet.com

**John White**

01928 788549

### **WARRINGTON**

3 Betsyfield Drive, Croft  
WARRINGTON WA3 7LJ  
e-mail: roger.lamming@tesco.net

**Roger Lamming**

01925 766828

## **SAFETY ON WALKS**

**(Please read the following important information)**

**PACE** Please keep to the pace set by the leader who will be guided by the slower members of the party. Lagging behind is as big a problem as forcing the pace by charging ahead of the leader. Don't forget the leader is trying to please **ALL** members of the party.

Do not lose contact with the leader. If you do become separated please stay where you last saw members of the party; they will find you.

**RESPONSIBILITIES** Walkers should inform the leader of any medical problem which could affect their walk (and any emergency treatment which may be needed). If you feel unwell, get word to the leader at once. Do not leave the group without informing the leader or backmarker. Leaders are not responsible for anyone doing so.

**RESTRICTIONS** Leaders have the right to refuse anyone as a member of their party who, in their opinion, may be at risk for reasons of inadequate clothing, lack of physical fitness etc.

**CLOTHING and FOOD** Boots are recommended for all walks and are essential for walking in the hills. Stout shoes may be suitable in a dry summer but farm yards and field paths can be messy places at any time. Walkers should always bring sufficient clothing for all weather conditions that may be encountered, as well as spare warm clothing. Remember conditions could easily change for the worse. A drink and an energy giving snack are all sensible extras to carry, even if you are taking your lunch for an all day walk.

**INJURIES/LOSS OF PROPERTY** The Ramblers Association do not accept any responsibility for personal injury or loss of property when attending any of our rambles or functions. If it is thought necessary, individuals should make their own insurance arrangements. Any illness or accident which occurs on a walk, which requires medical attention or use of the emergency services must be reported to the Area Secretary.

“All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise”.(RA circular 03/53)

**ROAD SAFETY** “If you use a country road with no pavement or verge, the party should walk **in single file, on the right hand side of the road**”, unless it is unsafe to do so, e.g. approaching a blind bend. “Discourage people from walking two abreast in order to chat.” (RA Navigation & Leadership Manual 1994 pp 70-71)

**DOGS** Must be kept under your strict control at all times and **must** be on a **maximum 2 metre lead**, so that they are not a danger to other walkers, particularly around stiles and to farm livestock. No more than one dog per walker. Remember your dog is your responsibility at all times. Leaders have discretion to refuse.

## **COACH WALKS**

**Full details of the coach venues are listed on the following pages and shown chronologically in the programme.**

All coach rambles are intended primarily for members. It is essential to wear boots and carry wind and waterproof outer clothing and a spare pullover or fleece. Do not wear tight fitting clothing that could cling to the skin when wet. Food and drink for lunch should be carried and also an emergency snack. Extra food and a change of clothing can be left on the coach.

### **SUNDAY COACHES**

These are arranged by local groups on alternate Sundays. Booking must be made in advance and a deposit paid. Please ensure you know the time and place you will be joining the coach. Deposits can only be carried over to future coach rambles if you cancel by the Tuesday preceding the Sunday of the ramble; otherwise it is forfeited.

There is usually a choice of four rambles from the coaches which are graded "A" to "D". Do not join the "A" walks unless you are well prepared and used to long walks.

Members wishing to travel with particular friends from outside their group are welcome on any of the three Group Coaches, but booking should be made early and directly with the respective Booking Secretary.

## SUNDAY COACH WALKS

### WARRINGTON Group

#### January    (Coaches return at 5.00pm)

4th	Uppermill (Lancs)
18th	Hartington (Derbys)

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#### February    (Coaches return at 5.30pm)

1st	Slaidburn (Lancs)
15th	Conwy (Conwy)

#### March

1st	Haworth (N Yorks)
15th	Ruthin (Denbighs)

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#### (Coaches return at 6.00pm)

29th	Clapham (N Yorks)
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#### April

12th	Welshpool (Powys)
26th	Kendal (Cumbria)

#### May

10th	Buxton (Derbys)
24th	Windermere (Cumbria)

#### June

7th	Llanberis (Gwynedd)
21st	Gargrave (N Yorks)

Booking Secretary

Peter Hathaway 01925 262340

## SUNDAY COACH WALKS

### HALTON Group

#### January    **(Coaches return at 5.00pm)**

4th            Beeston (Cheshire)

18th          Rivington (Lancs)

#### February

1st            Hayfield (Derbys)

15th          Chipping (Lancs)

#### March

1st            Beddgelert (Gwynedd)

15th          Malham (N Yorks)

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#### **(Coaches return at 6.00pm)**

29th          Llanfairfechan (Gwynedd)

#### April

12th          Milford (Staffs)

26th          Gargrave (N Yorks)

#### May

10th          Sedbergh (Cumbria)

24th          Church Stretton (Shrops)

#### June

7th            Youlgreave (Derbys)

21st          Coniston (Cumbria)

Booking Secretary

Chris Ireland 07842 160944 bet  
08.00 to 21.00 Mon to Sat only

## SUNDAY COACH WALKS

### VALE ROYAL & KNUTSFORD Group

Please note :- These coach walks are on alternate Sundays to those of the other two groups.

#### January

11th Loggerheads (Denbighs)

25th Barley (Lancs)

#### February

8th Whaley Bridge (Derbys)

22nd Penmaenmawr (Conwy)

#### March

8th Arnside (Cumbria)

22nd Castleton (Derbys)

#### April

5th Much Wenlock (Shrops)

19th Settle (N Yorks)

#### May

3rd Eyam (Derbys)

17th Betwys-y-Coed (Conwy)

31st Hawkshead (Cumbria)

#### June

14th Longnor (Staffs)

28th Dolgellau (Gwynedd)

Booking Secretary

Barbara Ward 01565 651765

## TUESDAY COACH WALKS

These are organised by the Area on which two moderate walks will be arranged and possibly a guided tour of a local attraction. Typically coaches will start about 09:00 and return by around 19:00.

Booking for these outings will be required in advance and must be paid for by cheque (payable to Ramblers Association).

10th February	Bickerton (Cheshire)
10th March	Slaidburn (Lancs)
7th April	Eyam (Derbys)
5th May	Arnside (Cumbria)
2nd June	Capel Curig (Conwy)

Booking Secretary:

Lucy Fitzsimmons,  
4 Whitefield Road,  
Stockton Heath,  
WARRINGTON  
Cheshire WA4 6LZ

01925 265230

## LOCAL WALKS

These are for members and the general public. No prior notice or booking is necessary, unless otherwise stated; just turn up at the venue.

**HALF DAY WALKS** are graded by the walk leader and will last about 2½hrs.

Easy Access		Walks for everyone incl. wheelchairs, pushchairs, using easy access paths with the option to shorten the walk if required
Easy	0 - 500ft asc.	Suitable for all but could include field paths and stiles. Max. 5 miles.

**FULL DAY WALKS** have a 'Grade', 'Distance' and notice to 'Bring Lunch' in the description. They are graded by the walk leader as:-

Leisurely	0 - 1500ft asc.	Some walking experience required, gently paced, easy gradients
Moderate	500 - 1500ft asc.	A reasonable degree of fitness and experience required
Hard	1500 - 2500ft asc.	Suitable for strong regular day walkers only
Strenuous	2500ft + asc.	Could involve steep ascents, ridge walking, and high level routes.

(Ascent is total for the walk and not the max.height attained)

These Grades are a general guide only. When considering your choice of walk you should bear in mind the distance of the walk, the regional differences in terrain and the possibility of bad weather making the walk more difficult.

## **FOR YOUR INTEREST IN THIS PROGRAMME.**

New ideas, new venues, new leaders, new walks and new areas, as well as local walks and your favourite walks.

All we need now is - **YOU.**

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**Linear Walks by Train & Bus** – Continuation of the South Cheshire Way and the Wayfarer Wanderings series and several train walks and bus walks

**Walks with a difference** – Bird watching at Martin Mere and at Pennington Flash, 'hills, mills, rocks and locks' at White Coppice and 'a walk through the ages' at Kendal

**High Peaks** – Loughrigg Fell and Silver How, Pike of Blisco and Shelter Crag, Aber and Great Langdale

**Garden & Interest Walks** – Brock Park and also 'bluebells in flower' at Aston

**Pub Lunch Walks** – At Little Bollington, Alsager, Rainow, Haughton and Frodsham

If you enjoy these ideas and walks, tell the leader, in fact tell everyone. If you don't, then tell me and let me have your ideas. You will see there are fewer Sunday local walks this time. If you enjoy these regularly PLEASE could YOU offer to lead some in the next programme. We desperately need more leaders.

Our web site: **www.nmc-ramblers.org.uk** will always show the most up-to-date information, in case of any changes to the programme.

## SOCIAL PROGRAMMES

The Group Secretaries are :-

**HALTON** Programme to be announced on Sunday coach walks

**VALE ROYAL and KNUTSFORD**

**Janice Barker**

07809 770604

**WARRINGTON**

**Bernadette Elebert**

01925 861788

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### JANUARY

Fri 9th Dinner at Manor Farm, Byley VR&K  
Contact: Anne Smith 01928 788903

Tues 13th Quiz with Quizmaster Lucy Fitzsimmons W  
at Padgate Community Centre at 8.00 pm  
Contact: Bernie Elebert 01925 861788

### MARCH

tba Slide Show and Talk by Cheshire Search & Rescue W  
Contact: Bernie Elebert 01925 861788

tba Tranquillity Day at Mid Cheshire College VR&K  
Beauty Treatments and Massage followed by  
Buffet Lunch in Royals Restaurant  
Contact: Doreen Young 01606 330417

Friday 27th 'Codgers on Kili' – Illustrated Talk by VR&K  
Dr John Whittle on climbing Kilimanjaro  
Acton Bridge Parish Rooms at 8.00 pm  
Pay on entry £2 including refreshments  
Contact: Janice Barker 07809 770604

**APRIL**

Thurs 23rd                      Coach Trip to Boundary Mill with                      W  
Fish & Chip Lunch  
Contact: Bernie Elebert 01925 861788

Fri 24th                              'Stepping Out'                      VR&K  
at the Harlequin Theatre, Northwich  
Contact: Janice Barker 07809 770604

**MAY**

tba                                      Morning in Liverpool                      W  
with afternoon trip to theatre  
Contact: Bernie Elebert 01925 861788

Sun 10th                      Cruise along Manchester Ship Canal                      VR&K  
with commentary, at 10am  
Bring own lunch or lunch on board  
Contact: Judith Halman 01477 534398

**JUNE**

tba                                      Royal Northern College of Music                      VR&K  
Classical Concert  
Contact: David Brunt 01477 533944

## PROGRAMME of WALKS for SPRING 2009

Please see the **SAFETY NOTES** and **WALK GRADING NOTES** given earlier in the programme.

**DUE TO REDUCED DAYLIGHT HOURS**  
**Earlier start times apply in January & February**  
**Full Day Walks at 10.00**  
**Afternoon Walks at 13.30**

**Map No.** is the OS 'Landranger' or 'Explorer' map in which the venue start point is shown.

**Map References** are prefixed 'SJ' unless otherwise stated.

<b>Date Time</b>	<b>VENUE</b>	<b>Leader</b>
<u>Map Ref (Map No.)</u>	<u>Directions</u>	

### JANUARY

- |   |                      |                                  |
|---|----------------------|----------------------------------|
| <b>Thu 1st 11:00</b>  | <b>FRODSHAM</b>      | <b>Peter Wade</b>                |
| 519779 (LR117, Exp267) CP off Church St, behind station.<br>'Beacon Hill, Newton, River Weaver, Frodsham Marsh.<br>A leisurely stroll to start the new year'. 'Festival of Winter Walks'.<br>8ml Leisurely. Bring lunch.    |                      |                                  |
| <b>Fri 2nd 10:30</b>  | <b>FRODSHAM</b>      | <b>James Cain</b>                |
| 519779 (LR117, Exp267) CP off Church St, behind station.<br>'Catch 10.37 train from Frodsham to Helsby. Linear 5 mile<br>leisurely walk back to Frodsham' 'Festival of Winter Walks'. 5ml<br>Leisurely. Optional pub lunch. |                      |                                  |
| <b>Sat 3rd 10:00</b>  | <b>BICKERTON</b>     | <b>Duncan &amp; Jean Goodwin</b> |
| 494526 (LR117, Exp257) NT CP off Old Coach Road nr<br>Duckington. 'Festival of Winter Walks'. 8ml Leisurely. Bring<br>lunch.  |                      |                                  |
| <b>Sun 4th 10:00</b>  | <b>ALDERLEY EDGE</b> | <b>Penny Clarke</b>              |
| 860772 (LR118, Exp268) Wizard National Trust CP. 'Festival<br>of Winter Walks'.   |                      |                                  |

## January

**Sun 4th 13:30**      **HOLLINS GREEN**      **John & Judith Barnard**  
698911 (LR109, Exp276)      Community Centre CP. 'Claypits  
SSSI circular' 'Festival of Winter Walks'.

<b>Sun 4th</b>	<b>SUNDAY COACHES</b>
	<b>Halton                  Beeston (Cheshire)</b>
	<b>Warrington          Uppermill (Lancs)</b>

**Tue 6th 10:00**      **DANEBRIDGE**      **Bob Lucas**  
965652 (LR118, Exp24/268)      Roadside by phone box  
between river and Ship Inn. 11ml Leisurely. Bring lunch.

**Tue 6th 10:00**      **MACCLESFIELD**      **Keith Doughty**  
951732 (LR118, Exp24/268)      Tegg's Nose Country Park  
CP (Pay & Display). 10ml Moderate. Bring lunch.

**Thu 8th 10:00**      **CREWE**      **Eric Povall**  
711547 (LR118, Exp257)      Railway Station. 'South  
Cheshire Way 2 - Haslington to Walgherton. Linear walk. Meet at  
station entrance for bus to Haslington. Ret by bus from  
Walgherton dep 16.05 to Crewe'. 10ml Moderate. Bring lunch.

**Sun 11th 10:00**      **LEIGH**      **John Bent**  
645990 (LR109, Exp276)      Pennington Flash, CP near  
Information Centre (off A572). 'Bird watching'.

**Sun 11th 13:30**      **FRODSHAM**      **Ivor Williams**  
519766 (LR117, Exp267)      Beacon Hill CP near  
Mersey View.

<b>Sun 11th</b>	<b>SUNDAY COACHES</b>
	<b>VR&amp;K                  Loggerheads (Denbighs)</b>

## January

**Tue 13th 10:00**      **STONE, STAFFS**      **Bill Minshall**  
906336 (LR127, Exp258)      Off A34 south. Turn L by  
Walton rd about into Stone. Westridge Park CP (P&D) on right.  
12ml Moderate. Bring lunch.

**Tue 13th 10:15**      **GATHURST**      **Geoff Hill**  
SD541072 (LR108, Exp285)      M6 N to jct 26, W on A577  
to Orrell, N on B5206 to Gathurst station. 'Hoscar by 10.28 train  
from Gathurst. Check time with leader 01925 763512'. 8ml  
Leisurely. Bring lunch.

**Thu 15th 10:00**      **BULKELEY**      **Caroline Sellers**  
529550 (LR117, Exp257)      Stonehouse Lane roadside parking.  
'Bring torch'. 11ml Moderate. Bring lunch.

**Sun 18th 10:00**      **ARLEY**      **David Brunt**  
670810 (LR109, Exp267)      Walkers' CP, Arley Hall.

**Sun 18th 13:30**      **TOFT**      **Beryl Capper & Marian Ainscough**  
759766 (LR118, Exp268)      Toft church CP.

<b>Sun 18th</b>	<b>SUNDAY COACHES</b>	
	<b>Halton</b>	<b>Rivington (Lancs)</b>
	<b>Warrington</b>	<b>Hartington (Derbys)</b>

**Tue 20th 09:30**      **PLUMLEY**      **Sheelagh Warner**  
722754 (LR118, Exp267)      Plumley Station CP. '9.36  
train to Mobberley and walk back'. 10ml Moderate. Bring lunch.

**Tue 20th 10:00**      **NEW MILLS**      **Ron Baughan**  
SK001854 (LR110, Exp1)      Torr Top St CP. 11ml Moderate.  
Bring lunch.

**Thu 22nd 09:30**      **LITTLE BOLLINGTON**      **George Leigh**  
728865 (LR109, Exp276)      On A56, near the  
A556/M56 jctn at Bowdon. 'Walk, at a brisk pace, starts from the  
Home CP to return to the pub for lunch at 1.00pm'. 10ml  
Moderate. Pub lunch.

## January/February

**Sun 25th 10:00**      **WALTON**      **Harold Bennetton**  
597843 (LR108, Exp276)      CP in Park Lane.

**Sun 25th 13:30**      **ACTON BRIDGE**      **Peter Wade**  
601761 (LR118, Exp267)      Verge near Leigh Arms,  
Acton Bridge.

<b>Sun 25th</b>	<b>SUNDAY COACHES</b>
	<b>VR&amp;K      Barley (Lancs)</b>

**Tue 27th 10:00**      **BURSCOUGH**      **John Bent**  
SD428144 (LR108, Exp285)      Martin Mere & Mere Sands  
Wood. 'Wetlands Trust, West Lancs Trust'. 6ml Leisurely. Bring  
lunch.

**Tue 27th 10:00**      **TOCKHOLES**      **Keith Doughty**  
SD665215 (LR103, Exp287)      Visitor Centre CP, next to  
Ryal Arms. 10ml Moderate. Bring lunch.

**Thu 29th 10:00**      **MOULDSWORTH**      **Sheelagh Warner**  
512707 (LR117, Exp267)      Station CP. 10ml Leisurely.  
Bring lunch.

## FEBRUARY

**Sun 1st 10:00**      **TARVIN**      **Penny Clarke**  
499680 (LR117, Exp267)      Lay-by North side A54 near Cheshire  
Brick Co.

**Sun 1st 13:30**      **AGDEN**      **John & Judith Barnard**  
723865 (LR109, Exp276)      Lay-by on A56 near 'Ye Old  
No.3' Inn. 'Dunham Park circular'.

<b>Sun 1st</b>	<b>SUNDAY COACHES</b>
	<b>Halton      Hayfield (Derbys)</b>
	<b>Warrington      Slaidburn (Lancs)</b>



## February

**Sat 14th 10:00**      **DELAMERE**      **Brian Booth**  
542716 (LR117, Exp267)      Barns Bridge CP, west of  
Hatchmere. 8ml Leisurely. Bring lunch.

**Sun 15th 10:00**      **PLUMLEY**      **David Braine**  
722754 (LR118, Exp267)      Plumley Station CP.

**Sun 15th 13:30**      **MARBURY**      **Beryl Capper & Marian Ainscough**  
652764 (LR118, Exp267)      Marbury Country Park CP (P & D).

<b>Sun 15th</b>	<b>SUNDAY COACHES</b>	
	<b>Halton</b>	<b>Chipping (Lancs)</b>
	<b>Warrington</b>	<b>Conwy (Conwy)</b>

**Tue 17th 10:00**      **ROSSETT**      **Peter Young**  
363571 (LR117, Exp256)      Village CP bet PO and railway. 8ml  
Leisurely. Bring lunch.

**Tue 17th 10:00**      **BULKELEY**      **Judith Halman**  
523545 (LR117, Exp257)      Walker's CP near Bickerton  
Poacher. A534. 12ml Hard. Bring lunch and tea.

**Thu 19th 10:30**      **ENTWISTLE from Man Vic**      **David Bratt**  
SD727177 (LR109, Exp287)      Station. 'The Missing Link -  
Wayfarer Wanderings 6a. Train Man Vic 10.00. Walk is Entwistle  
station to Darwen station. Optional evening meal. Please call  
leader to confirm arrangements 01925 762472'. 10ml Moderate.  
Bring lunch.

**Sat 21st 10:00**      **BICKERTON**      **Duncan & Jean Goodwin**  
494526 (LR117, Exp257)      NT CP off Old Coach Road  
nr Duckington. 8ml Leisurely. Bring lunch.

**Sun 22nd 10:00**      **PEOVER SUPERIOR**      **Pippa Jones**  
763753 (LR118, Exp268)      Lay-by on A50 near Radbroke Hall.

**Sun 22nd 13:30**      **HIGHER WHITLEY**      **Harold Bennetton**  
604804 (LR109, Exp267)      Millstone Inn, Grimdsitch Lane.

## February/March

<b>Sun 22nd</b>	<b>SUNDAY COACHES</b>
<b>VR&amp;K</b>	<b>Penmaenmawr (Conwy)</b>

**Tue 24th 10:00**      **TREVOR**      **Sheelagh Warner**  
272423 (LR117, Exp255/256)      CP Trevor Marina, 200yds  
SE off A539. 11ml Moderate. Bring lunch.

**Tue 24th 10:00**      **TOCKHOLES**      **Geoff Hill**  
SD665215 (LR103, Exp287)      Visitor Centre CP, next to  
Ryal Arms. 8ml Leisurely. Bring lunch.

**Thu 26th 09:30**      **RAINOW**      **Bob Lucas**  
952763 (LR118, Exp24/268)      Robin Hood pub CP. 7ml  
Moderate. Pub lunch.

### MARCH

**Sun 1st 10:00**      **KELSALL**      **Anne Smith**  
540687 (LR117, Exp267)      Gresty's Waste CP.

**Sun 1st 14:00**      **ARLEY**      **David Brunt**  
670810 (LR109, Exp267)      Walkers' CP, Arley Hall.

<b>Sun 1st</b>	<b>SUNDAY COACHES</b>
<b>Halton</b>	<b>Beddgelert (Gwynedd)</b>
<b>Warrington</b>	<b>Haworth (W Yorks)</b>

**Tue 3rd 10:30**      **UPHOLLAND (WIGAN)**      **Bill Smith**  
SD508064 (LR108, Exp285)      Beacon CP on minor road  
2 ml NW of village. A577 W off J26/M6. 9ml Leisurely. Bring  
lunch.

## March

**Tue 3rd 10:30**      **BETHESDA**      **Jess & Alan Milligan**

SH623668 (LR115, Exp17)      Town CP off A5. 'Some gully scrambling involved' Phone leader night before (01606 851783). 12ml Strenuous. Bring lunch.

**Thu 5th 10:00**      **DEGANWY from Chester**      **Peter Wade**

SH779791 (LR115, Exp17)      Deganwy railway station on A546. 'Linear train walk. 8.55 train from Chester arr Deganwy 9.54. Return from Colwyn Bay. Check train times with leader 01928 563100'. 12ml Hard. Bring lunch.

**Sun 8th 10:00**      **STAMFORD BRIDGE**      **Frank Search**

470673 (LR117, Exp266)      Lansdowne Road (old A51), avoid bus lay-by and garden centre.

**Sun 8th 14:00**      **MARTON**      **Peter & Joyce Davies**

616679 (LR118, Exp267)      Whitegate Way. Clay Lane. Old Station CP.

**Sun 8th**      **SUNDAY COACHES**

**VR&K**

**Arnside (Cumbria)**

**Tue 10th 10:30**      **LOGGERHEADS (CLWYD)**      **Harry Faulkner**

198626 (LR116, Exp265)      Country Park CP (Pay & Display). 'CP is £5'. 11ml Hard. Bring lunch.

**Tue 10th**      **TUESDAY COACH**

**Slaidburn (Lancs)**

**Thu 12th 10:30**      **WARRINGTON from Man Picc**      **David Bratt**

600878 (LR108/109, Exp276)      Bank Quay Station. 'Wayfarer Wanderings 11. Train option is Man Picc 09.50. Walk is Warrington BQ station to Northwich station. Optional evening meal. Please call leader to confirm arrangements 01925 762472'. 15ml Moderate. Bring lunch.

## March

**Sat 14th 10:30      GAWSWORTH      Brian Booth**  
888696 (LR118, Exp268)    By FP sign, SW of church. 8ml  
Leisurely. Bring lunch.

**Sun 15th 10:00      ARLEY      David Brunt**  
670810 (LR109, Exp267)    Walkers' CP, Arley Hall.

**Sun 15th 14:00      TARPORLEY      Syd Robinson**  
557623 (LR117, Exp267)    CP behind Royal British Legion Hall,  
opp Crown Hotel on High St.

<b>Sun 15th</b>	<b>SUNDAY COACHES</b>
	<b>Halton                  Malham (N Yorks)</b>
	<b>Warrington          Ruthin (Denbighs)</b>

**Tue 17th 10:30      RIVINGTON      Keith Doughty**  
SD628138 (LR109, Exp285/287)    Great House (Lower) Barn.  
13ml Moderate. Bring lunch.

**Tue 17th 10:30      MAM TOR      Vince Joyce**  
SK131834 (LR110, Exp1)    Roadside on disused A625, opp.  
Blue John Mine. 12ml Hard. Bring lunch.

**Thu 19th 09:15      CREWE      Eric Povall**  
711547 (LR118, Exp257)    Railway Station. 'South Cheshire  
Way 3 - Wrenbury to Grindley Brook. Linear walk. Train to  
Wrenbury dep 09.27 (book ret to Whitchurch). Ret by train from  
Whitchurch dep 14.54 to Crewe'. 10ml Moderate. Bring lunch.

**Sun 22nd 10:00      RAINOW      Norman Lidbury**  
491913 (LR108, Exp275)    Village Hall CP (Pay & Display).

**Sun 22nd 14:00      STRETTON      Peter & Joyce Davies**  
618818 (LR109, Exp267)    Old A49 south of M56 by Hollow  
Tree Inn.

## March

<b>Sun 22nd</b>	<b>SUNDAY COACHES</b>
<b>VR&amp;K</b>	<b>Castleton (Derbys)</b>

**Tue 24th 10:15**      **MOULDSWORTH**      **Sheelagh Warner**  
512707 (LR117, Exp267)      Station CP. '10.36 train to  
Chester and then walk back'. 10ml Moderate. Bring lunch.

**Tue 24th 10:15**      **RUABON from Chester**      **David Stearne**  
300438 (LR117, Exp256)      Railway station. 'Linear  
walk, 2600ft asc. 09.28 train from Chester to Ruabon, 10.15 bus  
to Llangollen. Walk ends at Chirk station. Torch advised for canal  
tunnel. Get return ticket to Chirk. Bus fare - £1.70'. 13ml  
Strenuous. Bring lunch.

**Thu 26th 10:30**      **MACCLESFIELD**      **George Leigh**  
951732 (LR118, Exp24/268)      Tegg's Nose Country Park  
CP (Pay & Display). 13ml Hard. Bring lunch.

**Sat 28th 10:30**      **BRADLEY**      **Duncan & Jean Goodwin**  
523455 (LR117, Exp257)      Park on minor rd nr Bell-O-The-Hill  
pub. 9ml Leisurely. Bring lunch.

**Sun 29th 10:00**      **MOULDSWORTH**      **Doreen Young**  
512707 (LR117, Exp267)      Station CP.

**Sun 29th 14:00**      **TIVERTON**      **Anne Smith**  
554603 (LR117, Exp267)      Old roads at junction A49 and  
Huxley La.

<b>Sun 29th</b>	<b>SUNDAY COACHES</b>
<b>Halton</b>	<b>Llanfairfechan (Conwy)</b>
<b>Warrington</b>	<b>Clapham (N Yorks)</b>

**Tue 31st 10:30**      **HIGHER POYNTON**      **John & Judith Barnard**  
945833 (LR109, Exp1/268)      Nelson Pit CP adjacent  
Macclesfield Canal. 'Lyme Park and the Gritstone Trail'. 8ml  
Leisurely. Bring lunch.

## March/April

**Tue 31st 10:30**      **SWINDALE**      **Vince Joyce**  
NY522142 (LR90, Exp5)    Off A6 at Shap, minor road from  
Rosgill. 'Nuttall 7.4 The Sledale Fells'. 13ml Strenuous. Bring  
lunch.

## APRIL

**Thu 2nd 10:30**      **HAUGHTON**      **Peter Young**  
580561 (LR117, Exp257)    L off A49 through Bunbury. 'Nag's  
Head CP, Haughton Moss'. 8ml Moderate. Pub lunch.

**Sun 5th 10:00**      **MARTON**      **Pippa Jones**  
616679 (LR118, Exp267)      Whitegate Way. Clay Lane.  
Old Station CP.

**Sun 5th 14:00**      **PLUMLEY**      **Bill Smith**  
722754 (LR118, Exp267)      Plumley Station CP.

<b>Sun 5th</b>	<b>SUNDAY COACHES</b>
	<b>VR&amp;K                  Much Wenlock (Shrops)</b>

**Tue 7th 10:30**      **CHURCH STRETTON**      **Bob Lucas**  
SO449937 (LR137, Exp217)      CP opp Long Mynd Hotel.  
13ml Hard. Bring lunch.

**Tue 7th 10:30**      **LLANDEGLA**      **Gill Burn**  
196525 (LR116, Exp256)      CP by church in village  
centre. 1/2ml NW A5104. 9ml Moderate. Bring lunch.

<b>Tue 7th</b>	<b>TUESDAY COACH</b>
	<b>Eyam (Derbys)</b>

## April

**Thu 9th 10:30**      **SHAW**      **Peter Wade**  
SD942090 (LR109, Exp277)      From jctn of A663 and  
B6194, 0.25 mile SE on minor rd. 'Crompton circuit. Circular walk  
from Shaw & Crompton station. 09.45 train from Man Vic arr  
10.18. Or park at station. Check train time with leader 01928  
653100'. 11ml Hard. Bring lunch.

**Sun 12th 10:00**      **WHITEGATE**      **Peter Hollinrake**  
616679 (LR118, Exp267)      Clay Lane Old Station CP.

**Sun 12th 14:00**      **ARLEY**      **David Brunt**  
670810 (LR109, Exp267)      Walkers' CP, Arley Hall.

<b>Sun 12th</b>	<b>SUNDAY COACHES</b>
Halton	Milford, Cannock Chase (Staffs)
Warrington	Welshpool (Powys)

**Now is the time**

**To be planning your walks for the Autumn 2009 Programme.  
Contributions required by mid May**

**Tue 14th 10:30**      **NORTHWICH**      **Dirk Broad**  
661759 (LR118, Exp267)      Nr Carey Park. 10ml Leisurely.  
Bring lunch.

**Tue 14th 10:30**      **GREAT LANGDALE**      **Vince Joyce**  
NY294063 (LR89/90, Exp6)      CP (Pay and Display) by  
New Dungeon Ghyll Hotel. 'Nuttall 4.1 The Langdale Pikes with  
visits to Easedale and Codale Tarns'. 10ml Strenuous. Bring  
lunch.

**Thu 16th 10:30**      **WETTON**      **Eric Povall**  
SK109552 (LR119, Exp24)      Village CP. 10ml  
Moderate. Bring lunch.

## April

**Sun 19th 10:00**      **ANTROBUS**      **Janice Barker**  
643796 (LR118, Exp267)      Village Shop, Knutsford  
Road.

**Sun 19th 14:00**      **MOBBERLEY**      **Celia Adamson**  
791802 (LR109, Exp268)      Mobberley Church.

<b>Sun 19th</b> <b>SUNDAY COACHES</b> <b>VR&amp;K</b> <b>Settle (N Yorks)</b>
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**Tue 21st 10:30**      **GOYT VALLEY**      **Phil Murray**  
SK013756 (LR119, Exp24)      The Street CP, near to Errwood  
Reservoir dam. Off A5004. 12ml Moderate. Bring lunch.

**Tue 21st 10:30**      **ERDDIG**      **Ivor Williams**  
325493 (LR117, Exp256)      Felin Puleston CP, off  
A4830 off A5152. 9ml Leisurely. Bring lunch.

**Thu 23rd 10:30**      **NORTHWICH from Stockport**      **David Bratt**  
670739 (LR118, Exp267)      Station. Wayfarer  
Wanderings 12. Train option is 09.30 from Stockport. Walk is  
Northwich to Holmes Chapel station. Optional evening meal.  
Please call leader to confirm arrangements 01925 762472'. 12ml  
Moderate. Bring lunch.

**Sat 25th 10:30**      **FRODSHAM**      **Duncan & Jean Goodwin**  
519766 (LR117, Exp267)      Beacon Hill CP near  
Mersey View. 7ml Leisurely. Bring lunch.

**Sun 26th 10:00**      **HUXLEY**      **David Braine**  
513614 (LR117, Exp267)      Lay-by opposite school. S  
off A51.

**Sun 26th 14:00**      **BUNBURY**      **Syd Robinson**  
570581 (LR117, Exp257)      Bowe's Gate Road near  
Bunbury Church.



**May**

<b>Sun 3rd</b>	<b>SUNDAY COACHES</b>
<b>VR&amp;K</b>	<b>Eyam (Derbys)</b>

**Tue 5th 10:30**      **INGLETON**      **Mike Alldred**  
SD695730 (LR98, Exp2)      Main CP (Pay & Display).  
'2,800 ft asc'. 14ml Strenuous. Bring lunch.

<b>Tue 5th</b>	<b>TUESDAY COACH</b>
	<b>Arnside (Cumbria)</b>

**Thu 7th 10:30**      **HOLMES CHAPEL from Man Picc**      **David Bratt**  
767670 (LR118, Exp268)      Station. 'Wayfarer  
Wanderings 13. Train 09.46 from Man Picc. Walk is Holmes  
Chapel station to Macclesfield station. Optional evening meal.  
Please call leader to confirm arrangements 01925 762472'. 10ml  
Moderate. Bring lunch.

**Sun 10th 10:00**      **COTEBROOK**      **Frank Search**  
578650 (LR117, Exp267)      Oulton Mill Lane CP. 3/4ml  
SE Cotebrook off A49.

**Sun 10th 14:00**      **AGDEN**      **Peter & Joyce Davies**  
723865 (LR109, Exp276)      Lay-by on A56 near 'Ye Old  
No.3' Inn.

<b>Sun 10th</b>	<b>SUNDAY COACHES</b>
<b>Halton</b>	<b>Sedbergh (Cumbria)</b>
<b>Warrington</b>	<b>Buxton (Derbys)</b>

**Tue 12th 10:30**      **BURWARDSLEY**      **David Astbury**  
520550 (LR117, Exp257)      Bickerton Hill, A49 S, R A34 for 2/3  
miles, R Copper Mine lane for 0.5 miles. 10ml Moderate. Bring  
lunch.

## May

**Tue 12th 10:30**      **ABER**      **Jess & Alan Milligan**  
SH664719 (LR115, Exp17)      Forestry Commission CP  
(Pay & Display), 1ml SE village. 'Walk takes in 5 Nuttalls' Phone  
leader night before (01606 851783). 12ml Strenuous. Bring  
lunch.

**Thu 14th 10:30**      **MACCLESFIELD**      **Brian Booth**  
951732 (LR118, Exp24/268)      Tegg's Nose Country Park  
CP (Pay & Display). 10ml Moderate. Bring lunch.

**Deadline for Walks Submission**

**By 15th MAY, PLEASE!**

**Sun 17th 10:00**      **BICKERTON**      **Peter Young**  
518542 (LR117, Exp257)      Gallantry Bank lay-by on  
A534, opposite old mine chimney.

**Sun 17th 14:00**      **PLUMLEY**      **Bill Smith**  
722754 (LR118, Exp267)      Plumley Station CP.

**Sun 17th**      **SUNDAY COACHES**  
                         **VR&K**      **Betws-y-Coed (Conwy)**

**Tue 19th 10:30**      **LLANDEGLA**      **John Burn**  
196525 (LR116, Exp256)      CP by church in village  
centre. 1/2ml NW A5104. 'Approx 1200 ft asc'. 10ml Moderate.  
Bring lunch.

**Tue 19th 10:30**      **FRODSHAM**      **Sheelagh Warner**  
513774 (LR117, Exp267)      Castle Park CP off A56  
west side of Frodsham. 10ml Leisurely. Bring lunch.

**Wed 20th 19:00**      **NORTON PRIORY**      **Ivor Williams**  
548832 (LR108, Exp275)      Park on road.

## May

**Thu 21st 10:30 GREAT LANGDALE Vince Joyce**  
NY286061 (LR89/90, Exp6) CP (Pay and Display) by  
Old Dungeon Ghyll Hotel. 'Nuttall 5.3 Pike of Blisco to Shelter  
Crag'. 10ml Strenuous. Bring lunch.

**Sun 24th 10:00 LOWER WHITLEY Doreen Young**  
613788 (LR118, Exp267) Roadside by church.

<b>Sun 24th</b>	<b>SUNDAY COACHES</b>
<b>Halton</b>	<b>Church Stretton (Shrops)</b>
<b>Warrington</b>	<b>Windermere (Cumbria)</b>

**Tue 26th 10:30 MOEL FAMAU Peter Wade**  
172612 (LR116, Exp265) Country Park on minor road  
SW off A494 1/2ml SW Loggerheads. CP (Pay & Display) on  
right at picnic area. 11ml Hard. Bring lunch.

**Tue 26th 10:30 CHORLEY John Bent**  
SD619191 (LR109, Exp285/287) White Coppice cricket  
ground. 'Hills, mill, rocks and locks'. 8ml Leisurely. Bring lunch.

**Wed 27th 19:00 APPLETON David Braine**  
631834 (LR109, Exp276) Lay-by on B5356, west of  
Walnut Tree Lane (prev.Cann Lane.).

**Thu 28th 10:30 LLANRHAEDR YM MOCHNANT Ian Howard**  
076294 (LR125, Exp255) B4580 from Oswestry, then  
minor road, CP before waterfall. 9ml Strenuous. Bring lunch.

**Sat 30th 10:30 WIGAN Ken Street**  
SD580051 (LR108, Exp276/285) Pennyhurst Lane CP, nr  
Wigan Pier. From Walgate Lane, turn L to Wilcox St by  
Vauxwagon dealer. 9ml Leisurely. Bring lunch.

**Sun 31st 10:00 WINSFORD Rhona Povall**  
651687 (LR118, Exp267) Near river bridge, off Mill Lane.  
Whitegate to Winsford road.

## May/June

**Sun 31st 14:00 WILLINGTON Beryl Capper & Marian Ainscough**  
537662 (LR117, Exp267) Roadside adj Rock Farm/Sandstone  
Trail 2ml SSE Kelsall.

<b>Sun 31st</b>	<b>SUNDAY COACHES</b>
	<b>VR&amp;K                      Hawkshead (Cumbria)</b>

## JUNE

**Tue 2nd 10:30                      UPPER TEAN, STAFFS                      Bill Minshall**  
SK008396 (LR128, Exp259)                      Old Road CP A522,  
behind White Hart Pub. 'Harry Faulkner's Ancestral Walk'. 11ml  
Hard. Bring lunch.

<b>Tue 2nd</b>	<b>TUESDAY COACH</b>
	<b>Capel Curig (Conwy)</b>

**Wed 3rd 19:00                      ALLOSTOCK                      Judith Halman**  
732713 (LR118, Exp267) Shakerly Mere CP, B5081. 'A stroll  
for those injured or recovering, to see friends again'.

**Thu 4th 09:45 HOPE (DERBYSHIRE) from Picc                      David Stearne**  
SK181834 (LR110, Exp1) Station CP. 'Linear train walk. 'Win  
Hill and Stanage Edge'. 2,700 ft asc. 08.44 from Picc to Hope  
(walk start). Book to Grindleford (walk end). Poss meal. Phone  
leader night before (01928 735809) to confirm. 14ml Strenuous.  
Bring lunch.

**Sun 7th 10:00                      KNUTSFORD                      David Brunt**  
751790 (LR118, Exp268)                      Tatton Park. South gate.

**Sun 7th 14:00                      ALDFORD                      Syd Robinson**  
418594 (LR117, Exp257/266)                      Village CP off B5130.

## June

<b>Sun 7th</b>	<b>SUNDAY COACHES</b>	
	<b>Halton</b>	<b>Youlgreave (Derbys)</b>
	<b>Warrington</b>	<b>Llanberis (Gwynedd)</b>

**Tue 9th 10:30**      **CONWY**      **Chris Weller**  
SH751770 (LR115, Exp17)      CP at top of Sychant Pass,  
2mls W of town. 10ml Moderate. Bring lunch.

**Tue 9th 10:30**      **DELAMERE**      **Doreen Young & Rhona Povall**  
542716 (LR117, Exp267)      Barns Bridge CP, west of  
Hatchmere. 8ml Leisurely. Bring lunch.

**Thu 11th 10:30**      **LOGGERHEADS, STAFFS**      **Bill Minshall**  
738358 (LR127, Exp243)      A53 centre of village,  
Loggerheads Inn CP. 11ml Moderate. Bring lunch.

**Sun 14th 10:00**      **NORTHWICH**      **Eric Povall**  
663747 (LR118, Exp267)      Witton Mill Bridge CP, off  
Old Warrington Rd.

**Sun 14th 14:00**      **DUNHAM WOODHOUSES**      **Ken Hall**  
728886 (LR109, Exp276)      Trans Pennine Trail CP, off  
Henshall Lane.

<b>Sun 14th</b>	<b>SUNDAY COACHES</b>	
	<b>VR&amp;K</b>	<b>Longnor (Staffs)</b>

**Tue 16th 10:30**      **DUFTON VILLAGE**      **Dorothy Hemingway**  
NY689250 (LR91, Exp19)      3 ml N of Appleby, village  
CP. 12ml Hard. Bring lunch.

**Tue 16th 10:30**      **GARTH**      **Phil Murray**  
248431 (LR117, Exp255/256)      A539 to Trevor. Garth is  
1km WNW. Park SW corner of Blackwood at junction, 1km thro'  
village. 12ml Moderate. Bring lunch.

## June

**Thu 18th 10:30 FRODSHAM Ian Howard**  
519766 (LR117, Exp267) Beacon Hill CP near Mersey View.  
8ml Moderate. Pub lunch.

**Sun 21st 10:00 DARESURY Sheila Williams**  
583818 (LR108, Exp267/275) Newton Lane, Daresbury,  
Park on grass verge.

**Sun 21st 14:00 ALVANLEY Harold Bennetton**  
494734 (LR117, Exp267) Roadside in Towers Lane,  
SW off B5393 1/4ml SE of village.

<b>Sun 21st</b>	<b>SUNDAY COACHES</b>
	<b>Halton Coniston (Cumbria)</b>
	<b>Warrington Gargrave (N Yorks)</b>

**Tue 23rd 10:30 CARNFORTH John Bent**  
SD520736 (LR97, Exp7) Tewitfield Locks, N of  
Carnforth. 'Canals, waterfalls & hills'. 8ml Leisurely. Bring lunch.

**Tue 23rd 10:30 RUDYARD Bob Lucas**  
950577 (LR118, Exp24/258) Rudyard reservoir S end  
CP. 15ml Moderate. Bring lunch.

**Thu 25th 09:00 MARSDEN from Man Picc David Bratt**  
SE047119 (LR110, Exp21) Station. 'The Marsden-  
Edale Classic. Black Hill, Bleaklow & Kinder, 4000 ft asc, 23  
miles in around 10 hrs. Celebratory evening meal. Train 08.10  
Man Picc. Call leader re arrangements 01925 762472'. 23ml  
Strenuous. Bring lunch.

**Sat 27th 10:30 HIGHER BURWARDSLEY Chris Davies**  
522565 (LR117, Exp257) Candle Factory CP. 10ml Moderate.  
Bring lunch.

**Sun 28th 10:00 TATTENHALL Ken Street**  
487585 (LR117, Exp257) Roadside parking by rec area.

## June

**Sun 28th 14:00 LEIGH**  
645990 (LR109, Exp276)  
Information Centre (off A572).

**Celia Adamson**  
Pennington Flash, CP near

<b>Sun 28th</b>	<b>SUNDAY COACHES</b>
<b>VR&amp;K</b>	<b>Dolgellau (Gwynedd)</b>

**Tue 30th 10:30 AMBLESIDE Mike Alldred**  
NY376047 (LR90, Exp7) Ambleside town main CP  
(Pay & Display). Off A591, opposite Kirkstone Road. 'Loughrigg  
Fell and Silver How, 2200 ft asc'. 11ml Hard. Bring lunch.

**Tue 30th 10:30 LOWER WITHINGTON David Brunt**  
813713 (LR118, Exp268) Catchpenny Pool, off A535,  
2 miles SW of Chelford. 10ml Moderate. Bring lunch.

**AUTUMN PROGRAMME STARTS 1<sup>st</sup> JULY 2009**