

AREA OFFICERS

President	Keith Doughty
Vice President	Eric Povall
Chairperson 6 Pasture Drive Croft, WARRINGTON, WA3 7LH	John Watkin 01925 766889
Vice Chairperson	Bill Fraser
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Honorary Treasurer 2 Silverdale, The Pippins, NORTHWICH, CW8 4BY e-mail: janetbolton@yahoo.co.uk	Janet Bolton 01606 783570
Membership Sec. & Info. Officer e-mail: haroldbennetton@nmc-ramblers.org.uk	Harold Bennetton 01925 268871
Footpath Officer	vacant
Access Officer	Keith Doughty 01925 488020
Countryside Officer	vacant
Programme Co-ordinator Marsh Green Cottage, Mill Lane, Kingsley, FRODSHAM, WA6 8HJ e-mail: coord@nmc-ramblers.org.uk	Sheelagh Warner 01928 787443
IT & Programme Support e-mail: dstearne@nmc-ramblers.org.uk	David Stearne 01928 735809

FOOTPATH DIFFICULTIES

Any difficulties with footpaths e.g. ploughing, obstructions etc. no matter where found, should be reported to your Local Group Footpath Officer or directly to the Ramblers' Association Head Office, using the form and address in the yearly handbook, or via the link on our web site.

HALTON

4 Norlands Lane,
WIDNES, Cheshire WA8 5AS

Robin Whitaker

0151 423 4757

VALE ROYAL and KNUTSFORD

'Arinor', Roddy Lane,
KINGSLEY, Cheshire WA6 8HF
e-mail:johnqwhite@btinternet.com

John White

01928 788549

WARRINGTON

vacant

SAFETY ON WALKS

(Please read the following important information)

PACE Please keep to the pace set by the leader who will be guided by the slower members of the party. Lagging behind is as big a problem as forcing the pace by charging ahead of the leader. Don't forget the leader is trying to please **ALL** members of the party.

Do not lose contact with the leader. If you do become separated please stay where you last saw members of the party; they will find you.

RESPONSIBILITIES Walkers should inform the leader of any medical problem which could affect their walk (and any emergency treatment which may be needed). If you feel unwell, get word to the leader at once. Do not leave the group without informing the leader or backmarker. Leaders are not responsible for anyone doing so.

RESTRICTIONS Leaders have the right to refuse anyone as a member of their party who, in their opinion, may be at risk for reasons of inadequate clothing, lack of physical fitness etc.

CLOTHING and FOOD Boots are recommended for all walks and are essential for walking in the hills. Stout shoes may be suitable in a dry summer but farm yards and field paths can be messy places at any time. Walkers should always bring sufficient clothing for all weather conditions that may be encountered, as well as spare warm clothing. Remember conditions could easily change for the worse. A drink and an energy giving snack are all sensible extras to carry, even if you are taking your lunch for an all day walk.

INJURIES/LOSS OF PROPERTY The Ramblers Association do not accept any responsibility for personal injury or loss of property when attending any of our rambles or functions. If it is thought necessary, individuals should make their own insurance arrangements. Any illness or accident which occurs on a walk, which requires medical attention or use of the emergency services must be reported to the Area Secretary.

“All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise”.(RA circular 03/53)

ROAD SAFETY “If you use a country road with no pavement or verge, the party should walk **in single file, on the right hand side of the road**”, unless it is unsafe to do so, e.g. approaching a blind bend. “Discourage people from walking two abreast in order to chat.” (RA Navigation & Leadership Manual 1994 pp 70-71)

DOGS Must be kept under your strict control at all times and **must** be on a **maximum 2 metre lead**, so that they are not a danger to other walkers, particularly around stiles and to farm livestock. No more than one dog per walker. Remember your dog is your responsibility at all times. Leaders have discretion to refuse.

COACH WALKS

Full details of the coach venues are listed on the following pages and shown chronologically in the programme.

All coach rambles are intended primarily for members. It is essential to wear boots and carry wind and waterproof outer clothing and a spare pullover or fleece. Do not wear tight fitting clothing that could cling to the skin when wet. Food and drink for lunch should be carried and also an emergency snack. Extra food and a change of clothing can be left on the coach.

SUNDAY COACHES

These are arranged by local groups on alternate Sundays. Booking must be made in advance and a deposit paid. Please ensure you know the time and place you will be joining the coach. Deposits can only be carried over to future coach rambles if you cancel by the Tuesday preceding the Sunday of the ramble; otherwise it is forfeited.

There is usually a choice of four rambles from the coaches which are graded "A" to "D". Do not join the "A" walks unless you are well prepared and used to long walks.

Members wishing to travel with particular friends from outside their group are welcome on any of the three Group Coaches, but booking should be made early and directly with the respective Booking Secretary.

SUNDAY COACH WALKS

WARRINGTON Group

January (Coaches return at 5.00pm)

6th	Caton (Lancs)
20th	Chirk (Wrexham)

February (Coaches return at 5.30pm)

3rd	Settle (Yorks)
17th	Eyam (Derbys)

March

2nd	Marsden (Yorks)
16th	Meerbrook (Staffs)

(Coaches return at 6.00pm)

30th	Cartmel (Cumbria)
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April

13th	Llanrhaeadr-ym-Mochnant (Powys)
27th	Malham (Yorks)

May

11th	Beddgelert Gwynedd)
25th	Orton (Cumbria)

June

8th	Bishops Castle (Shrops)
22nd	Kettlewell (Yorks)

Booking Secretary

Peter Hathaway 01925 262340

SUNDAY COACH WALKS

HALTON Group

January (Coaches return at 5.00pm)

- 6th Ruthin (Denbiggs)
20th Oswestry (Shrops)

February

- 3rd Llandrillo (Clwyd)
17th Hope (Derbys)

March

- 2nd Kirkby Lonsdale (Cumbria)
16th Bakewell (Derbys)
-

(Coaches return at 6.00pm)

- 30th Trawsfynd (Gwynedd)

April

- 13th Ingleton (N Yorks)
27th Llanrwst (Conwy)

May

- 11th Haworth (W Yorks)
25th Shap (Cumbria)

June

- 8th Much Wenlock (Shrops)
22nd Keswick (Cumbria)

Booking Secretary

Chris Ireland 07842 160944

Between 08.00 to 21.00 Mon to Sat only

SUNDAY COACH WALKS

VALE ROYAL & KNUTSFORD Group

Please note :- These coach walks are on alternate Sundays to those of the other two groups.

January

- 13th Meerbrook (Staffs)
- 27th Llandudno (Conwy)

February

- 10th Chipping (Lancs)
- 24th Marple Bridge (Derbys)

March

- 9th Llanfairfechan (Conwy)
- 23rd Sedbergh (Cumbria)

April

- 6th Hartington (Derbys)
- 20th Llangynog (Powys)

May

- 4th Shap (Cumbria)
- 18th Grindleford (Derbys)

June

- 1st Church Stretton (Shrops)
- 15th Grasmere (Cumbria)
- 29th Hayfield (Derbys) – Carvery Meal

Booking Secretary

Barbara Ward 01565 651765

TUESDAY COACH WALKS

These are organised by the Area on which two moderate walks will be arranged and possibly a guided tour of a local attraction. Typically coaches will start about 09:00 and return by around 19:00.

Booking for these outings will be required in advance and must be paid for by cheque (payable to Ramblers Association).

12th Feb	Jumbles Country Park (Bolton)
11th March	Chorley (Lancs)
8th April	Llangollen (Denbighs)
6th May	Tideswell (Derbys)
3rd June	Chirk (Wrexham)

Booking Secretary:

Lucy Fitzsimmons,
4 Whitefield Road,
Stockton Heath,
WARRINGTON
Cheshire WA4 6LZ

01925 265230

LOCAL WALKS

These are for members and the general public. No prior notice or booking is necessary, unless otherwise stated; just turn up at the venue.

HALF DAY WALKS are graded by the walk leader and will last about 2½hrs.

Easy Access		Walks for everyone incl. wheelchairs, pushchairs, using easy access paths with the option to shorten the walk if required
Easy	0 - 500ft asc.	Suitable for all but could include field paths and stiles. Max. 5 miles.

FULL DAY WALKS have a 'Grade', 'Distance' and notice to 'Bring Lunch' in the description. They are graded by the walk leader as:-

Leisurely	0 - 1500ft asc.	Some walking experience required, gently paced, easy gradients
Moderate	500 - 1500ft asc.	A reasonable degree of fitness and experience required
Hard	1500 - 2500ft asc.	Suitable for strong regular day walkers only
Strenuous	2500ft + asc.	Could involve steep ascents, ridge walking, and high level routes.

(Ascent is total for the walk and not the max.height attained)

These Grades are a general guide only. When considering your choice of walk you should bear in mind the distance of the walk, the regional differences in terrain and the possibility of bad weather making the walk more difficult.

FOR YOUR INTEREST IN THIS PROGRAMME.

New ideas, new venues, new leaders, new walks and new areas, as well as local walks and your favourite walks.

All we need now is - **YOU.**

Linear Walks by Train & Bus – Start of the Rochdale Way and continuation of the North Cheshire Way and Wayfarer Wanderings, and train walks from Welshpool and Stafford

Walks with a difference – A 'figure of 8 walk' in Churnet Valley and a second walk to a plane crash site in the High Peak

High Peaks – Traverse of the Diffwys Ridge, Crinkle Crag and Bowfell, Coniston Old Man and High Cup Nick

Garden & Interest Walks – Bird watching at Southport and Knott End, snowdrops at Rode Hall and a visit to Quinta Arboretum

Pub Lunch Walks – At Wrenbury, Congleton and Gawsworth and evening meals at Trefor and Manchester

If you enjoy these ideas and walks, tell the leader, in fact tell everyone. If you don't, then tell me and let me have your ideas. You will see there are fewer Sunday local walks this time. If you enjoy these regularly PLEASE could YOU offer to lead some in the next programme. We desperately need more leaders.

Our web site: **www.nmc-ramblers.org.uk** will always show the most up-to-date information, in case of any changes to the programme.

PROGRAMME of WALKS for SPRING 2008

Please see the **SAFETY NOTES** and **WALK GRADING NOTES**
given earlier in the programme.

DUE TO REDUCED DAYLIGHT HOURS
Earlier start times apply in January & February
Full Day Walks at 10.00
Afternoon Walks at 13.30

Map No. is the OS 'Landranger' or 'Explorer' map in which the venue start point is shown.

Map References are prefixed 'SJ' unless otherwise stated.

Date Time	VENUE	Leader
<u>Map Ref (Map No.)</u>	<u>Directions</u>	

JANUARY

Tue 1st 11:00 **MOULDSWORTH** **Sheelagh Warner**
523708 (LR117, Exp267) Brine's Brow car park, 2/3 mile east
of station. 8ml Leisurely.

Thu 3rd 10:00 **TRENTHAM** **Bill Minshall**
869408 (LR118, Exp258) Trentham Gardens CP 'Trentham
Awakes' A34. Start outside main shopping hall. 11ml Moderate.
Bring lunch.

Sun 6th 10:00 **NORLEY** **Anne Smith**
556721 (LR117, Exp267) Hatchmere CP (Pay & Display).

Sun 6th 13:30 **KINGSLEY** **Frank Search**
557754 (LR117, Exp267) Ball Lane. Waste land at north end.

Sun 6th	SUNDAY COACHES	
	Halton	Ruthin (Denbighs)
	Warrington	Caton (Lancs)

January

- Tue 8th 10:00** **LLANARMON-YN-IAL** **Phil Murray**
189574 (LR116, Exp256/265) New free CP on B5430 1 ml N
of village. 10ml Moderate. Bring lunch.
- Tue 8th 10:00** **AUDLEM** **Marjory Lillie**
659437 (LR118, Exp257) CP Cheshire St. A529. 9ml
Leisurely. Bring lunch.
- Thu 10th 09:30** **ARLEY** **Eric Povall**
670810 (LR109, Exp267) Walkers' CP, Arley Hall. 'North
Cheshire Way Part 4 - Acton Bridge to Arley. Linear walk, car
share to start of walk at 10.00'. 10ml Moderate. Bring lunch.
- Sun 13th 10:00** **FRODSHAM** **Tony Lavin**
519766 (LR117, Exp267) Beacon Hill CP near Mersey View.
- Sun 13th 13:30** **BIRCHWOOD** **John & Judith Barnard**
651908 (LR109, Exp276) CP opposite station. Free parking.

Sun 13th	SUNDAY COACHES
VR&K	Meerbrook (Staffs)

- Tue 15th 10:00** **WHALEY BRIDGE** **David Brunt**
SK009799 (LR119, Exp24) Horwich End, lay-by on A5004
opposite Taxal. 11ml Moderate. Bring lunch.
- Tue 15th 10:00** **TODMORDEN** **Ron Baughan**
SD928248 (LR103, Exp21) Leisure Centre CP. 1 ml NW of
town centre on A646. 'Linear walk, train back from
Mytholmroyd'. 11ml Hard. Bring lunch.
- Thu 17th 09:30** **GAWSWORTH** **George Leigh**
890697 (LR118, Exp268) Lake side opposite Gawsworth
Church. 'Morning walk, pub lunch'. 10ml Moderate.
- Sat 19th 10:00** **CILCAIN** **Duncan & Jean Goodwin**
172648 (LR116, Exp265) Park near waterworks building SW
of village. 6ml Leisurely. Bring lunch.

January

Sun 20th 10:00 CUDDINGTON Doreen Young
594726 (LR117, Exp267) Barrastitch Ln, off Bag Ln, 1/2 ml W
of A49 at Yoghurt Factory.

Sun 20th 13:30 WALTON Harold Bennetton
599852 (LR108, Exp276) Walton Hall. Main CP. (Pay &
Display).

Sun 20th	SUNDAY COACHES	
	Halton	Oswestry (Shrops)
	Warrington	Chirk (Wrexham)

Tue 22nd 10:00 HALKYN Peter Wade
209698 (LR117, Exp265) 0.5 ml S of village. Layby on B5123
- Halkyn mountain common. 11ml Moderate. Bring lunch.

Tue 22nd 10:00 MEERBROOK Bob Lucas
994605 (LR118, Exp24) Tittesworth Reservoir CP. 'Will
include the Roaches'. 9ml Leisurely. Bring lunch.

Thu 24th 09:30 MOBBERLEY Eric Povall
790807 (LR109, Exp268) Roadside in Lady Lane at jctn with
Hobcroft Lane. 'North Cheshire Way Part 5 - Arley to Mobberley.
Linear walk, car share to start of walk at 10.00'. 10ml Moderate.
Bring lunch.

Sun 27th 13:30 MARBURY Beryl Capper & Marian Ainscough
652764 (LR118, Exp267) Marbury Country Park CP (Pay &
Display).

Sun 27th	SUNDAY COACHES	
	VR&K	Llandudno (Conwy)

Tue 29th 10:00 YOULGREAVE Ian Howard
SK204640 (LR119, Exp24) Village CP. L turn off A515. 11ml
Moderate. Bring lunch.

January/February

Tue 29th 10:00 **LLANDUDNO** **David Brunt**
SH791820 (LR115, Exp17) CP behind theatre off sea front.
9ml Moderate. Bring lunch.

FEBRUARY

Sat 2nd 10:00 **KINGSLEY** **Chris Davies**
557754 (LR117, Exp267) Ball Lane. Waste land at north end.
9ml Leisurely. Bring lunch.

Sun 3rd 10:00 **GREAT BARROW** **David Braine**
469696 (LR117, Exp266) B5132. On verge 300m S
of Foxcote Pub.

Sun 3rd 13:30 **WHITEGATE** **Penny Clarke**
616679 (LR118, Exp267) Clay Lane Old Station CP.

Sun 3rd	SUNDAY COACHES
	Halton Llandrillo (Clwyd)
	Warrington Settle (N Yorks)

Tue 5th 10:00 **EASTERN CARNEDDAU** **John Gallon**
SH732663 (LR115, Exp17) CP end of road 3ml SW of Tal-y-
Bont (off B5106). 'Advise approach via B5106 from Conway and
turn R after Y Bedol Inn and Afon Dulyn'. 11ml Strenuous. Bring
lunch.

Tue 5th 10:30 **WALTON** **Daphne Armitage**
599852 (LR108, Exp276) Walton Hall. Main CP. (Pay &
Display). 8ml Leisurely. Bring lunch.

Thu 7th 09:30 **CONGLETON** **Bob Lucas**
873624 (LR118, Exp268) Railway Pub next to station. 9ml
Moderate. Pub lunch.

Sun 10th 10:00 **HIGHER WHITLEY** **Harold Bennetton**
604804 (LR109, Exp267) Millstone Inn, Grimsditch Lane.

February

Sun 10th 13:30 ACTON BRIDGE Ken Hall
601761 (LR118, Exp267) Verge near Leigh Arms, Acton
Bridge.

Sun 10th	SUNDAY COACHES
VR&K	Chipping (Lancs)

Tue 12th 10:00 ALSAGER Bill Minshall
797555 (LR118, Exp257/268) Village centre CP off Sandbach
Rd. 12ml Moderate. Bring lunch.

Tue 12th 10:00 HIGHER WINCHAM Bill Smith
686764 (LR118, Exp267) CP junction Pheasant Drive and
Church St. Adj to school. 8ml Leisurely. Bring lunch.

Tue 12th	TUESDAY COACH
	Jumbles Country Park (Bolton)

Thu 14th 09:00 DELAMERE Beth Bratt
549704 (LR117, Exp267) Linmere Lodge Visitors Centre CP
(Pay & Display). 'Optional pub meal after walk to celebrate St
Valentine's Day! No lunch stop on walk. 10ml Moderate.

Sun 17th 10:00 KNUTSFORD David Brunt
751790 (LR118, Exp268) Tatton Park. South gate.

Sun 17th	SUNDAY COACHES
Halton	Hope (Derbys)
Warrington	Eyam (Derbys)

Tue 19th 10:00 WHALEY BRIDGE Judith Halman
SK012816 (LR110, Exp1) CP near canal basin. 11ml
Moderate. Bring lunch.

February/March

- Tue 19th 10:30** **SCHOLAR GREEN** **John Bent**
824575 (LR118, Exp258/268) Rode Mill. Small CP so
carshare, please. 'Snowdrops at Rode Hall - entrance fee
£2.50/£3.00'. 6ml Leisurely. Bring lunch.
- Thu 21st 10:00** **RUTHIN** **Sheelagh Warner**
121581 (LR116, Exp256/264) Riverside CP (Pay & Display).
11ml Moderate. Bring lunch.
- Sat 23rd 10:00** **LANGERNYW** **Duncan & Jean Goodwin**
SH874672 (LR116, Exp17) CP near school. 7ml Leisurely.
Bring lunch.
- Sun 24th 13:30** **CULCHETH** **Peter & Joyce Davies**
654952 (LR109, Exp276) CP in Jackson Avenue near CPS.
8ml .

Sun 24th	SUNDAY COACHES
	VR&K Marple Bridge (Derbys)

- Tue 26th 10:00** **FRODSHAM** **Ivor Williams**
519766 (LR117, Exp267) Beacon Hill CP near Mersey View.
'Sandstone Trail, Delamere Way'. 9ml Leisurely. Bring lunch.
- Tue 26th 10:00** **LLANGWYFAN** **Ian Howard**
139668 (LR116, Exp265) A541 to Nannerch. CP is 3ml SW.
11ml Hard. Bring lunch.
- Thu 28th 10:00** **WRENBURY** **Peter Young**
588481 (LR117, Exp257) S on A49, L at restaurant (old
school). 'Verge parking, W of bridge'. 8ml Moderate. Pub lunch.

MARCH

- Sun 2nd 10:00** **WHITEGATE** **Pippa Jones**
616679 (LR118, Exp267) Clay Lane Old Station CP.
- Sun 2nd 14:00** **ANDERTON** **Penny Clarke**
647753 (LR118, Exp267) CP (Pay & Display) by boat lift.

March

Sun 2nd	SUNDAY COACHES
Halton	Kirkby Lonsdale (Cumbria)
Warrington	Marsden (W Yorks)

Tue 4th 10:30 **SWETTENHAM** **Judith Halman**
808675 (LR118, Exp268) Layby 1.5 ml E of village. 'Visit
Quinta Arboretum and camellias - £2.00 entrance fee'. 4ml
Leisurely. Bring lunch or pub lunch.

Tue 4th 10:30 **GLYNDYFRDWY** **David Stearne**
157424 (LR125, Exp255/256) Lay-by on LHS just after village
sign. 5ml west of Llangollen on A5. 'Moel Fferna and Ceiriog
Forest'. 11ml Hard. Bring lunch.

Thu 6th 10:30 **LITTLEBOROUGH from Man Victoria** **Peter Wade**
SD938163 (LR109, Exp21) Railway station off A6033. 'The
Rochdale Way part 1/4. 9.54 train to Littleborough. Walk to and
return from Mills Hill stn nr Chadderton. Check train time with
leader 01928 563100. 13ml Hard. Bring lunch.

Sun 9th 10:00 **ALVANLEY** **Harold Bennetton**
494734 (LR117, Exp267) Roadside in Towers Lane, SW off
B5393 1/4ml SE of village.

Sun 9th 14:00 **RUNCORN** **Ivor Williams**
514828 (LR108, Exp275) The Brindley CP (canal &
waterfront).

Sun 9th	SUNDAY COACHES
VR&K	Llanfairfechan (Conwy)

Tue 11th 10:30 **ROWARTH** **Dirk Broad**
SK012892 (LR110, Exp1) Village centre. 10ml Moderate.
Bring lunch.

March

Tue 11th 10:30 DELAMERE David Richards
542716 (LR117, Exp267) Barns Bridge CP, west of Hatchmere. 'County Stones and the York signpost'. 9ml Leisurely. Bring lunch.

Tue 11th	TUESDAY COACH
	Chorley (Lancs)

Thu 13th 11:00 MOBBERLEY from Man Piccadilly Eric Povall
779814 (LR109, Exp268) Railway Station. 'North Cheshire Way Part 6 - Mobberley to Alderley Edge. Linear train walk. Conn dep Man Pic 10.24 or Northwich dep 10.31. Ret from Alderley Edge, via Stockport, dep 16.53. Wayfarer tickets apply. 10ml Moderate. Bring lunch.

Sat 15th 10:30 FRODSHAM Chris Davies
519766 (LR117, Exp267) Beacon Hill CP near Mersey View. 9ml Leisurely. Bring lunch.

Sun 16th 10:00 ANDERTON David Brunt
647753 (LR118, Exp267) CP (Pay & Display) by boat lift.

Sun 16th 14:00 TARPORLEY Syd Robinson
557623 (LR117, Exp267) CP behind Royal British Legion hall, opp Crown Hotel on High St.

Sun 16th	SUNDAY COACHES
	Halton Bakewell (Derbys)
	Warrington Meerbrook (Staffs)

Tue 18th 10:20 HADFIELD from Man Piccadilly David Stearne
SK024961 (LR110, Exp1) Hadfield Station. 'Plane Crash Sites in the High Peak (2) Arnfield Moor'. 09.49 train from Piccadilly to Hadfield Station where walk starts at 10.20. Phone leader night before (01928 735809). 12ml Hard. Bring lunch.

March

Tue 18th 10:30 TURTON MOOR John Watkin
SD664190 (LR109, Exp287) CP off A675 3 ml S of Abbey
Village. M65 J 3. '1500 ft asc'. 10ml Leisurely. Bring lunch.

Thu 20th 10:00 WELSHPOOL from Shrewsbury Vince Joyce
230074 (LR126, Exp216) Welshpool Station. '09.28 train from
Shrewsbury. Connecting trains 08.08 from Crewe or 08.20 from
Chester. Check times'. 13ml Moderate. Bring lunch.

Sat 22nd 10:30 CILCAIN Duncan & Jean Goodwin
172648 (LR116, Exp265) Park near waterworks building SW
of village. 7ml Leisurely. Bring lunch.

Sun 23rd 10:00 WARMINGHAM Janice Barker
712616 (LR118, Exp267) Village Hall CP.

Sun 23rd 14:00 CLOCK FACE Ivor Williams
535915 (LR108, Exp275) Country Park CP on Gorse Lane,
NE off A569.

Sun 23rd SUNDAY COACHES
VR&K Sedbergh (Cumbria)

Tue 25th 10:30 CHAPEL-EN-LE-FRITH Ian Howard
SK042786 (LR119, Exp24) Beehive Pub CP, turn R off
B5470 at Hanging Gate Pub. 10ml Moderate. Bring lunch.

Tue 25th 10:30 CHURNET VALLEY John & Judith Barnard
962534 (LR118, Exp24/258) Deep Hayes Country Park, nr
Horsebridge. 'Figure of eight walk - back to cars for lunch'. 9ml
Leisurely. Bring lunch.

Thu 27th 09:30 ALDERLEY EDGE from Crewe Eric Povall
843786 (LR118, Exp268) Railway Station. 'North Cheshire
Way Part 7 - Alderley Edge to Disley. Linear train walk. Conn
dep Crewe 09.00 or Man Pic 09.03. Return from Disley, via
Stockport, dep 16.54. 14ml Moderate. Bring lunch.

March/April

Sun 30th 10:00 PLUMLEY David Braine
722754 (LR118, Exp267) Plumley Station CP.

Sun 30th 14:00 LOWTON Celia Adamson
620965 (LR109, Exp276) Heath Lane (off A572), next to Lime House. M6 J22/A579 to A572 then left & first right.

Sun 30th	SUNDAY COACHES	
	Halton	Trawsfynd (Gwynedd)
	Warrington	Cartmel (Cumbria)

APRIL

Tue 1st 10:30 KNOTT END John Bent
SD346485 (LR102, Exp296) Town CP near river and pier.
'Bring binoculars'. 8ml Leisurely. Bring lunch.

Tue 1st 10:30 GREENFIELD Phil Murray
SE013035 (LR110, Exp1) Dovestones Reservoir. '3 miles off-path across moorland'. 12ml Moderate. Bring lunch.

Thu 3rd 10:00 CHADDERTON from Man Victoria Peter Wade
SD888061 (LR109, Exp277) Mill Hill station on A669, 200yds W of Rochdale Canal. 'The Rochdale Way part 2/4. 9.33 train to Mill Hills stn nr Chadderton. Walk to and return from Castleton. Check train time with leader 01928 653100. 12ml Moderate. Bring lunch.

Thu 3rd 10:30 NESTON Caroline Sellers
294772 (LR117, Exp266) CP at end of Station Rd, off mini roundabout. 10ml Leisurely. Bring lunch.

Sun 6th 10:00 FRODSHAM Frank Search
516779 (LR117, Exp267) Moor Lane CP, off Main St. (A56) by NatWest bank. Bring lunch.

Sun 6th 14:00 HIGH LEGH Bill Smith
676846 (LR109, Exp276) Layby on A50 just past Primrose Nursery.

April

Sun 6th	SUNDAY COACHES
	VR&K Hartington (Derbys)

Tue 8th 10:30 **LLAY (WREXHAM)** **Ivor Williams**
334550 (LR117, Exp256) Alyn Waters Country Park CP, W
off B5425 S of village. 9ml Moderate. Bring lunch.

Tue 8th 10:30 **DUFTON VILLAGE** **Vince Joyce**
NY689251 (LR91, Exp19) 3 ml N of Appleby. 'Nuttall 9.3 walk
including High Cup Nick'. 15ml Hard. Bring lunch.

Tue 8th	TUESDAY COACH
	Llangollen (Denbighs)

Thu 10th 11:00 **GLOSSOP from Birchwood** **David Bratt**
SK034941 (LR110, Exp1) Railway Station CP. '09.49 train
from Birchwood (use only Blue Lines CP opp station). Walk is
from Glossop to Greenfield and 3rd in the Wayfaring Wanderer
series. Optional pm pub meal in Manchester. Tel 01925
762472. 12ml Hard. Bring lunch.

Sun 13th 10:00 **CROWTON** **Pippa Jones**
572754 (LR117, Exp267) Crewood Common Road. Verge at
north end near Oakhill Farm.

Sun 13th 14:00 **BUNBURY** **Syd Robinson**
570581 (LR117, Exp257) Bowe's Gate Road near Bunbury
Church.

Sun 13th	SUNDAY COACHES
	Halton Ingleton (N Yorks)
	Warrington Llanrhaeadr-ym-Mochnant (Powys)

April

Tue 15th 10:30 DOWNHAM John Watkin
SD784441 (LR103, Exp21/41) CP in village, 3mls NE of Clitheroe. '1000 ft asc. From A59 into Chatburn, then cross over A59 on bridge to Downham'. 8ml Leisurely. Bring lunch.

Tue 15th 10:50 CHORLEY from Oxford Road David Stearne
SD586176 (LR108, Exp285/287) Railway Station. 'Chorley Moors'. Train walk, dep Man Oxford Road 10.15. Wayfarer tickets valid. Walk starts Chorley Stn 10.50. Phone leader night before (01928 735809) to confirm times. NB Late return, poss meal. 15ml Hard. Bring lunch.

Now is the time

To be planning your walks for the Autumn 2008 Programme. Contributions required by mid May

Thu 17th 11.30 CHINLEY from Man Piccadilly George Leigh
SK039826 (LR110, Exp1) Chinley Railway Station CP. '10.46 train from Man Piccadilly to Chinley'. 12ml Hard. Bring lunch.

Sun 20th 13:30 ANTROBUS Peter & Joyce Davies
643796 (LR118, Exp267) Village Shop, Knutsford Road.

Sun 20th SUNDAY COACHES
VR&K Llangynog (Powys)

Tue 22nd 10:30 PRESTBURY Bernard Sidley
902771 (LR118, Exp268) Village CP. Rear of Admiral Rodney Inn. 10ml Moderate. Bring lunch.

Tue 22nd 10:30 DENT Ian Hilditch
SD704871 (LR98, Exp2) Village CP. 'Crag of Blea Moor'. 14ml Hard. Bring lunch.

April

Thu 24th 11:00 GREENFIELD from Birchwood David Bratt

SD992046 (LR109, Exp1) Railway Station. 'Wayfarer Wanderings 4. Only park in blue lines CP £1 opp Birchwood station. Train dep 09.49 to Greenfield via Man Picc. Walk is Greenfield to Littleborough. Ring leader 01925 762472. 12ml Hard. Bring lunch.

Sat 26th 10:30 CERRIGYDRUDION Duncan & Jean Goodwin

SH955530 (LR116, Exp18/264) CP beside Alwen Reservoir Dam, 3ml N Cerrigydrudion on B4501, forestry track left. 7ml Leisurely. Bring lunch.

Sun 27th 10:00 TARPORLEY Marjory Lillie

557623 (LR117, Exp267) CP behind Royal British Legion hall, opp Crown Hotel on High St.

Sun 27th 14:00 HIGH LEGH Bill Smith

676846 (LR109, Exp276) Layby on A50 just past Primrose Nursery.

Sun 27th	SUNDAY COACHES
	Halton Llanrwst (Gwynedd)
	Warrington Malham (N Yorks)

Tue 29th 10:30 CATON John Bent

SD522647 (LR97, Exp41) Crook o' Lune CP on minor road off A683 W of village. (M6 J34). 'Lawsons Wood'. 8ml Leisurely. Bring lunch.

Tue 29th 10:30 CHIRK John Burn

292378 (LR126, Exp240/256) Main CP in Chirk by toilets. Off B5070. 'Chirk Castle grounds, Offa's Dyke, Selattyn Hill'. 14ml Hard. Bring lunch.

MAY

Thu 1st 10:30 **SADDLEWORTH** **Jess & Alan Milligan**
SE014034 (LR110, Exp1) Dovestones Reservoir CP.
M62/J21. 'Saddleworth's sombre edges. 14ml Hard. Bring
lunch.

Sun 4th 13:30 **ARLEY** **Peter & Joyce Davies**
692806 (LR109, Exp267) Layby near Lilley Farm.

Sun 4th	SUNDAY COACHES
	VR&K Shap (Cumbria)

Tue 6th 10:30 **WESTON RHYN** **Gill Burn**
260360 (LR126, Exp240/255) 2m W of village, park by
roadside opp mount wood. 8ml Moderate. Bring lunch.

Tue 6th 10:30 **STAINFORTH** **David Richards**
SD821673 (LR98, Exp2/41) Village CP off B6479 2mls N of
Settle. 'Fountains Fell via the Pennine Way'. 13ml Hard. Bring
lunch.

Tue 6th	TUESDAY COACH
	Tideswell (Derbys)

Thu 8th 10:30 **NR SEDBERGH** **Vince Joyce**
SD698969 (LR98, Exp19) Cross Keys Hotel CP on A683.
'Visit to Yarlside and Randyghill plus other Nuttalls'. 11ml
Strenuous. Bring lunch.

Sun 11th 10:00 **KINGSLEY** **Sheelagh Warner**
549748 (LR117, Exp267) Village Community Centre CP, off
B5153.

Sun 11th 14:00 **ALDFORD** **Syd Robinson**
418594 (LR117, Exp257/266) Village CP off B5130.

May

Sun 11th	SUNDAY COACHES
Halton	Haworth (W Yorks)
Warrington	Beddgelert (Gwynedd)

Tue 13th 10:30 MALPAS Doreen Young & Rhona Povall
488473 (LR117, Exp257) CP opposite fire station, High Street. 8ml Leisurely. Bring lunch.

Tue 13th 10:30 GREAT LANGDALE George Leigh
NY286061 (LR89/90, Exp6) CP (Pay and Display) by Old Dungeon Ghyll Hotel. 'Crinkle Crags and Bowfell'. 12ml Strenuous. Bring lunch.

Thu 15th 10:30 KIRKSTONE PASS Mike Alldred
NY401080 (LR90, Exp7) CP (P&D) on A592 opp Kirkstone Pass Inn. 11ml Strenuous. Bring lunch.

Deadline for Walks Submission

By 15th MAY, PLEASE!

Sun 18th 10:00 HARGRAVE Peter Young
481617 (LR117, Exp267) Park by bridge.

Sun 18th 14:00 MOBBERLEY Celia Adamson
791802 (LR109, Exp268) Mobberley Church. Bring lunch.

Sun 18th	SUNDAY COACHES
VR&K	Grindleford (Derbys)

Tue 20th 10:30 WHALLEY John Watkin
SD740361 (LR103, Exp287) Spring Wood Picnic Site. 1ml south of A59 on A671. '1400 ft asc'. 11ml Leisurely. Bring lunch.

May

Tue 20th 10:30 BONTDDU David Richards
SH678189 (LR124, Exp23) Fiddler's Elbow CP 4mls W of Dolgellau on A496 just before village. 'Second attempt at the Diffwys Ridge Traverse, 2800 ft asc. This time we shall succeed!' Phone leader night before (01606 889939) to confirm arrangements. 12ml Strenuous. Bring lunch.

Thu 22nd 10:30 ABER Jess & Alan Milligan
SH664719 (LR115, Exp17) Forestry Commision CP (Pay & Display), 1ml SE village. '4200 ft asc, including 2 Deweys and 3 Nuttalls'. 10ml Strenuous. Bring lunch.

Sun 25th 10:00 DAVENHAM Doreen Young
675712 (LR118, Exp267) Riverside Organic Farm. From A556 take road into Davenham, then 1st rd on L for 1 ml and farm is on R. Park in farmyard.

Sun 25th 14:00 NORLEY David Brunt
556721 (LR117, Exp267) Hatchmere CP (Pay & Display). Bring lunch.

Sun 25th	SUNDAY COACHES
	Halton Shap (Cumbria)
	Warrington Orton (Cumbria)

Tue 27th 10:30 TEWITFIELD John Bent
SD520734 (LR97, Exp7) . 'Leighton Hall and Warton Crag'. 8ml Leisurely. Bring lunch.

Tue 27th 10:30 LLANGEDWYN Ron Baughan
185241 (LR125, Exp239) Village CP adj craft centre. B4396 (A495), W off A483 at Llyncllys. 11ml Hard. Bring lunch.

Thu 29th 10:30 CONISTON Vince Joyce
SD303976 (LR96/97, Exp6/7) Village CP/Information Centre. 'Part of Nuttall 5.5 walk Weatherlan to Coniston Old Man'. 11ml Strenuous. Bring lunch.

May/June

Sat 31st 10:30 **LLYN BRENIG** **Duncan & Jean Goodwin**
SH983574 (LR116, Exp264) NW end off Llyn Brenig down
track off B4501. 9ml Leisurely. Bring lunch.

JUNE

Sun 1st 10:00 **DARNHALL** **Janice Barker**
634632 (LR118, Exp267) Roadside by phone box and village
hall.

Sun 1st 13:30 **MOULDSWORTH** **Peter & Joyce Davies**
523708 (LR117, Exp267) Brine's Brow car park, 2/3 mile east
of station.

Sun 1st SUNDAY COACHES VR&K Church Stretton (Shrops)

Tue 3rd 10:30 **ROE CROSS** **Brian Booth**
989966 (LR109, Exp1) Hobson Moor Lane opp old quarries.
A57 to Mottram, L on B rd onto A6018. At 1 km turn R opp
garage. 9ml Leisurely. Bring lunch.

Tue 3rd 10:30 **TREFOR** **Bill Minshall & Maurice Vallois**
SH383459 (LR123, Exp254/263) Lay by on W side of A499,
just after second turning to village, 11mls SW Caernarfon. 'Yr
Eifl [the Rivals] walk. Pub meal optional'. 13ml Strenuous. Bring
lunch.

Tue 3rd TUESDAY COACH Chirk (Wrexham)

Thu 5th 11:00 **LITTLEBOROUGH from Birchwood** **David Bratt**
SD938163 (LR109, Exp21) Railway station off A6033.
'Wayfarer Wanderings 5. Only use blue lines CP opp station.
Train is 09.30 to Man Picc then Metro to Man Vic to
Littleborough. Walk is Littleborough to Bury. Ring leader 01925
762472. 15ml Hard. Bring lunch.

June

Sun 8th 10:00 **ACTON BRIDGE** **Anne Smith**
601761 (LR118, Exp267) Verge near Leigh Arms, Acton
Bridge.

Sun 8th 14.00 **ARLEY** **David Brunt**
670810 (LR109, Exp267) Walkers' CP, Arley Hall.

Sun 8th	SUNDAY COACHES	
	Halton	Much Wenlock (Shrops)
	Warrington	Bishops Castle (Shrops)

Tue 10th 10:30 **DENT** **Ian Hilditch**
SD704871 (LR98, Exp2) Village CP. 'Traverse of Aye Gill
Fell'. 12ml Hard. Bring lunch.

Tue 10th 10:30 **LLANGWYFAN** **Gill Burn**
139668 (LR116, Exp265) A541 to Nannerch. CP is 3ml SW.
8ml Moderate. Bring lunch.

Thu 12th 10:45 **STAFFORD from Crewe** **Bill Minshall**
918229 (LR127, Exp244) Railway station. '09.45 train from
Crewe to Stafford, linear walk to Cannock Chase, bus back to
Stafford, optional evening meal and train back to Crewe'. 12ml
Moderate. Bring lunch.

Sat 14th 10:30 **LLANDUDNO** **Duncan & Jean Goodwin**
SH791820 (LR115, Exp17) CP behind theatre off sea front.
7ml Leisurely. Bring lunch.

Sun 15th 10:00 **NORTHWICH** **Ann Walker**
663747 (LR118, Exp267) Witton Mill Bridge CP, off Old
Warrington Rd.

Sun 15th 14:00 **PRESTBURY** **Harold Bennetton**
902771 (LR118, Exp268) Village CP. Rear of Admiral Rodney
Inn.

June

Sun 15th	SUNDAY COACHES
VR&K	Grasmere (Cumbria)

Tue 17th 10:30 **SOUTHPORT** **John Bent**
SD353206 (LR102, Exp285) RSPB CP. 'Bring binoculars'.
8ml Leisurely. Bring lunch.

Tue 17th 10:30 **BLEASDALE MOOR** **John Watkin**
SD601442 (LR102/103, Exp41) Park in minor rd 2 ml NE of
Clitheroe. '1800 ft asc'. 10ml Hard. Bring lunch.

Thu 19th 10:30 **GLYN CEIRIOG** **John Burn**
168380 (LR125, Exp255) Park on roadside 200 yds before
Forest CP shown on 1/25000 map. Corner of minor road before
entering forest 3 ml W of village. 12ml Hard. Bring lunch.

Sun 22nd 10:00 **NORLEY** **Tony Lavin**
556721 (LR117, Exp267) Hatchmere CP (Pay & Display).

Sun 22nd 14:00 **LOWTON** **Celia Adamson**
645990 (LR109, Exp276) Pennington Flash - off A572 - CP
(Pay & Display).

Sun 22nd	SUNDAY COACHES
Halton	Keswick (Cumbria)
Warrington	Kettlewell (N Yorks)

Tue 24th 10:30 **PEOVER SUPERIOR** **Daphne Armitage**
784735 (LR118, Exp268) Clay Lane. 9ml Leisurely. Bring
lunch.

Tue 24th 10:30 **HAWESWATER** **Mike Alldred**
NY467108 (LR90, Exp5/7) Leave A65 at Shap and drive to
Haweswater Res, via Bampton. Park at Mardale Head CP.
11ml Strenuous. Bring lunch.

June

Wed 25th 19:00 APPLETON David Braine
631834 (LR109, Exp276) Lay-by on B5356, west of Walnut
Tree Lane (prev.Cann Lane.).

Thu 26th 11:00 BURY from Birchwood David Bratt
SD802107 (LR109, Exp277) Metro Station. 'Wayfarer
Wanderings 6. Only use blue lines CP opp station. Train is
09.49 to Man Picc then Metro to Bury. Walk is Bury to Darwen.
Rng leader 01925 762472. Optional eve meal in Manchester.
13ml Hard. Bring lunch.

Sun 29th 10:00 FRODSHAM Sheelagh Warner
516779 (LR117, Exp267) Moor Lane CP, off Main St. (A56)
by NatWest bank.

Sun 29th 14:00 CROWTON Ken Hall
572756 (LR117, Exp267) Junction of Crewood Common
Road and Ainsworth Lane.

Sun 29th	SUNDAY COACHES
	VR&K Hayfield (Derbys)

AUTUMN PROGRAMME STARTS 1st JULY 2008